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Volume 101 — No. 43

SPEAKING OF AND FOR MORGAN, THE BLUEGRASS COUNTY OF THE MOUNTAINS

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University of Kentucky Head Basketball Coach John Calipari visited West Liberty on Friday, Aug. 17, to participate in a special Kentucky Sports Radio broadcast from Commercial Bank's downtown parking lot. The event raised a total of \$60,841 for the recovery effort — including \$25,000 from Calipari and his wife, Ellen. The coach, pictured above with KSR personality Matt Jones, met with a large turnout of fans after the broadcast to sign autographs and take pictures.

Coach Cal visits West Liberty to aid tornado recovery effort

Calipari and Kentucky Sports Radio raise over \$60,000 for relief effort

By Miranda M. Cantrell

University of Kentucky Head Basketball Coach John Calipari visited West Liberty on Friday, Aug. 17, to raise money for the local tornado relief effort in conjunction with a special

Kentucky Sports Radio (KSR) broadcast from Commercial Bank's downtown parking lot.

KSR personality Matt Jones took calls for two hours as donations from across the nation totaled \$60,841, including a \$25,000 contribution from Calipari and his wife, Ellen.

Calipari surveyed tornado damage from a helicopter before arriving to a large crowd at the

tornado-wrecked Commercial Bank with the 2012 NCAA basketball championship trophy.

"It is hard to believe what Morgan County has had to survive," Calipari said. "We are here to raise money and awareness. Many times people come in during the first week in situations like this, then everybody leaves. But the job here is not done yet."

"In three years this community will be better than it ever was, if you all come together as a team. I think that is what is happening here. This has been touching for me... Seeing what's been accomplished, the people in this community and the strength of these people."

Calipari also signed auto-

See COACH, Page 2



First National Bank Donates Over \$22,000 To Recovery Team

First National Bank officials recently donated \$22,237.82 to the Morgan County Long Term Recovery Team. Local FNB Vice President/Office Manager David Ison said that donations totaled \$11,118.91, with FNB providing matching funds. Other FNB representatives on hand included President Willis Kelley and Board Chairman Earl McGuire. Also in attendance was Carter County Judge Executive Charles Wallace, who donated a check for approximately \$4,700 to the recovery team from Commercial Bank of Grayson. Pictured above is Recovery Team Chairman Mike Lindon accepting the donations from Kelley and Wallace. The recovery team extends its thanks to all donors.

Rogers to make appearances in W.L. tomorrow

U.S. Congressman Hal Rogers (KY-05) invites the public to join him at two separate events in West Liberty on Friday, Aug. 24, to celebrate the recovery progress after a deadly EF-3 tornado devastated Morgan County on March 2.

At 3:30 p.m., Congressman Rogers will deliver more than 300 library books to West Liberty Elementary School from the Library of Congress' surplus books program. The donation will help replenish the library's book supply, including children's fiction and non-fiction books.

The school is now located at 212 University Drive in West Liberty.

At 4 p.m., Congressman Rogers will join Morgan County Judge Executive Tim Conley at a "Conley Family Fish Fry" to thank volunteers and first responders for their tireless efforts to recover and rebuild the community.

The fish fry will be held at the Old Mill Park on Riverside Drive in West Liberty.

Candidates file for non-partisan races

Three school board members challenged, council seats targeted

Three members of the Morgan County School Board will face challenges in the Nov. 6 general election, and nine candidates, including all incumbents, have filed for seats on the six-member West Liberty City Council.

Three candidates have filed in the lone county-wide race for membership on the county Soil and Water Conservation District Board.

The deadline for candidates to file for the local non-partisan races was Tuesday, Aug. 14.

Candidates for school board member include:

Educational District 2: Patty Hutchinson, incumbent, Michelle Lewis Vance, and Terry Y. Lewis. District 2 includes West Liberty No. 3 and Wrigley voting precincts.

Educational District 3: Ralph D. Smith, incumbent, and Mary Alice Oldfield. District 3 includes Chapel and Ezel voting precincts.

Educational District 4: Brian David Lindon, incumbent, and Roger Finch. District 4 is com-

prised of Caney, Salem, and Index voting precincts.

Seeking berths on the six-member city council are Alton Pelfrey, Rusty Lindon, and Elaine Nickell, and incumbents: Mark Walter, Belinda Jordan, John May, Tony Smith, Phyllis Keeton, and Dewayne Nickell.

Candidates for the Soil and Water Conservation District Board are Jeff Lewis, Phillip Byrd, and Travis Stacy.

Also on Nov. 6, Morgan Countians will have the opportunity to vote for a President of the United States, a U.S. Congressman, a State Senator, and a Justice of the Supreme Court.

Running for 5th District Congressman are Kenneth S. Stepp, Democrat, of Manchester, and incumbent Harold "Hal" Rogers, Somerset.

Candidates for State Senator of the 25th District are Ralph Hoskins, Democrat, of Manchester, and incumbent Robert Stivers, Republican, Manchester.

In the race for Justice of the Kentucky Supreme Court from the 7th District are incumbent Will T. Scott, Republican of Pikeville, and Janet L. Stumbo, Democrat from Van Lear.

County fair to continue through this Saturday

The annual Morgan County Agricultural Fair is scheduled to continue through Saturday, Aug. 25, at the fairgrounds on Hwy. 172.

Gates will open 5 p.m. each night. Admission is \$8 on Thursday, and \$10 on Friday and Saturday.

The following is a schedule of the remaining events:

Thursday, Aug. 23 (Carnival & Exhibits)
• 6-7:30 p.m. — Commercial Bank/McDonald's Kids' Night. Contact Paul Kidd at 743-3195.
• 7 p.m. — Dog show. Contact West Liberty Vet Clinic at 743-3776.

Friday, Aug. 24

(Carnival & \$500 Giveaway)
• 3-5:30 p.m. — 4-H, FFA, FFA, open and family and consumer sciences exhibits released.

• 10 p.m. — Giveaway winner announced. Sponsored by fair board and Casey's Rides.

Saturday, Aug. 25
• 9 a.m. — Baby show, Little Mister and Miss Morgan County pageant at Morgan Central Elementary School.

• 1 p.m. — Miss Pre-Teen Morgan County, Miss Teen Morgan County and Miss Morgan County pageants at Morgan Central Elementary School.

• 8 p.m. — Truck and tractor pull at the fairgrounds.

Rained out Relay for Life Luminaria Ceremony Aug. 24

Due to weather conditions, this year's Relay for Life came to an early end and the Luminaria ceremony was cancelled. The ceremony will be held on Friday, August 24, following the Conley Family Fish Fry at Old Mill Park. Everyone is invited to come out and enjoy a meal to be followed with a moment of reflection in honor and in memory of those who have battled cancer. If you have someone in mind that you would like to light a candle for but have not purchased a luminaria you may do so during the fish fry.

Fire dept. open house event slated Saturday, Aug. 25

West Liberty Fire Department members will hold an open house event 2-5 p.m. Saturday, Aug. 25, at their new firehouse located on Index Hill. Members will host tours of the station and provide free hot dogs. There will also be several raffle items. Raffle tickets are \$1 each or \$5 for six. Everyone is invited to attend!

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Pictured above is the large crowd several hundred that gathered at Commercial Bank to greet UK Coach John Calipari during his Aug. 17 visit to West Liberty.

Coach ...

Continued From Page One

graphs after the show – which included a call from UK Football Coach Joker Phillips,

who visited West Liberty earlier this summer.

Commercial Bank Assistant Vice President Brock Litteral said that Calipari's visit had dual benefits.

"This was more than just a

fundraiser," Litteral said. "It was a great morale booster. Coach Cal stayed and signed every autograph requested, took pictures, etc. So many UK fans have dreamed of meeting him, and to have that dream

realized is awesome. Those in attendance will remember this for the rest of their lives."

Calipari also met with members of the Morgan County High School football team and wished them good luck before that night's scrimmage against Powell County, which the Cougars won 36-7.

Broadcast donations will be administered by the Morgan County Long Term Recovery Team, which is headed by Grace Baptist Church Pastor Mike Lindon.

"We are so grateful Coach Cal came here to lend us a hand," Lindon said. "Not only was his personal contribution very generous, but he will raise awareness of Morgan County's situation as aid begins to slow down. His visit meant so much to everyone, and the recovery team thanks him."

For more information regarding the Morgan County Long Term Recovery Team, call 606-743-1225 or 606-495-8756, or visit the website http://mcltrt.com/MCLTRT/MCLTRT_Home.html.

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Methodist Church to host volunteers this Saturday

West Liberty United Methodist Church will host a large group of United Methodist volunteers this Saturday, August 25. They will begin to gather for

registration at the MSU Center around 8 a.m., worship at 8:30 a.m., and scatter to work sites around the county beginning about 9 a.m. There may be as many as 170 persons from around Kentucky. Lunch will be at noon meal at Old Mill Park (small shelter).

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Pictured above is a plane carrying two men from northern Kentucky that skidded off the runway at the airport on Sunday afternoon. (Photo by Ashley Roseberry)

Two injured in weekend plane crash at airport

Two people are recovering from minor injuries after their plane crashed at the local airport on Sunday afternoon.

West Liberty Fire Depart-

ment Chief Brian Scalf said that the crash occurred at approximately 1:30 p.m. when its occupants – two unnamed men from northern Kentucky – heard

a strange noise originating from the plane's engine as the aircraft took off.

The pilot reportedly concluded that the engine had stalled and decided to abort the takeoff despite insufficient distance to stop the aircraft.

Bystanders said the plane skidded off the airstrip down the hill into the ditch below.

WLFD firefighter Dwayne Nickell – who lives on Dogwood Lane near the airport – saw the crash and rushed to help the pair out of the plane.

Nickell told WYMT-TV that he used towels to apply pressure to a cut to the head that the bleeding pilot had sustained.

The other passenger reportedly received a knee injury from hitting the plane's dashboard.

Scalf noted that both plane occupants were taken to Morgan County ARH and treated.

Other responding agencies included West Liberty Police Department, Morgan County EMS and Morgan County Rescue Squad.

Collision with deer injuries Morgan Co. woman on Ky. 519

A West Liberty resident was injured Monday (Aug. 20) in a single-vehicle accident on Ky. 519 in Rowan County.

State Police said Brittany Caskey was traveling south in a 2004 Pontiac Sunfire when she collided with a deer which crossed the highway in her path, causing her to lose control of the vehicle.

The car ran off the roadway and struck a tree.

Caskey was transported to St. Claire Medical Center by Rowan County EMS with minor injuries.

Troopers Jared Wagner and Chris Jones investigated the accident.

MCMS yearbooks now available for purchase

The 2011-2012 Morgan County Middle School yearbooks are in and available for purchase at MCMS. The cost is \$35. Call 743-8102 or stop by today.



Thanks, Coach Cal, for giving us a Big Blue memory.

The past several months have been a difficult time for most everyone in Morgan County. However, on Friday, August 17th, our community was able to celebrate UK's NCAA championship with Coach John Calipari.

Each of us at Commercial Bank is proud to have helped host the Kentucky Sports Radio Show and Coach Cal, and we would like to express our appreciation to him for his time and relentless willingness to sign autographs, and his generous matching donation of \$25,000 which brought our total fund-raising efforts to \$60,841. Thanks again for providing us a much-needed respite from ongoing recovery efforts. It was a Big Blue day for all UK fans.



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**No way to foresee how
serious flu season will be****Health officials say get
your vaccine, which
will be available soon,**There is no way of predicting
how far-reaching the flu will be
this season, but this year's vac-
cine should be available soon,
officials with the Kentucky
Department for Public Health
said today."As soon as you get the
immunizations you can start
administering them," Sherri
Coles, Kentucky Vaccine Pro-
gram assistant coordinator,
told a physician during today's
webinar on the subject.Last flu season was very
mild, particularly compared
to the one before it, when the
H1N1 flu virus was first found
here. About 22,400 people
nationwide were confirmed to
have the flu last season. There
were 26 lab-confirmed pediatric
deaths caused by flu, but none
were in Kentucky. Flu activitywas only widespread for five
weeks in Kentucky last season,
in March and April.Flu shots are recommended
for everyone from 6 months
of age and older. Children 6
months to 8 years of age getting
the vaccine for the first time
should get two doses adminis-
tered at least one month apart.The flu can be treated with
antiviral drugs, Coles said,
which can "lessen the symp-
toms and shorten the time you
are sick by one or two days." The
drugs should be taken
within two days of getting sick,
though starting them later can
still be helpful for people who
have a pre-existing health con-
dition or are very sick from the
flu. Tamiflu and Relenza are
the two kinds of antiviral drugs
available. Relenza can only be
taken by people who do not
have breathing problems like
asthma or COPD.**Signup now for
HEL Initiative**The USDA Farm Service
Agency (FSA) announced that
continuous sign-up for the
Highly Erodible Land (HEL)
Initiative under the Conserva-
tion Reserve Program (CRP)
started on July 23, 2012. Ken-
tucky received a total allocation
of 39,400 acres to enroll in the
HEL CRP program. Offers
will be accepted until either the
state acreage allocation limit is
reached or September 30, 2012
whichever occurs first.This initiative will accept
offers with an erosion rate of at
least 20 tons per acre per year
for new cropland or CRP acres
that expire on September 30,
2012; however, existing grass
stands that are not considered
expiring CRP will not be con-
sidered eligible for enrollment.
Eligible cropland must also
have a history of being cropped4 out of 6 years, 2002 through
2007.Landowners enrolled in CRP
receive annual rental payments
and cost-share assistance to
establish long term, resource
conserving covers on eligible
farmland. Incentive payments
are not authorized under this
initiative.New land contracts approved
during this continuous sign-up
initiative will become effective
the first day of the month fol-
lowing the month of approval
and are valid for 10 years.Eligible CRP contracts set to
expire on September 30, 2012,
may be offered for consideration
and approved contracts will
become effective October 1,
2012. The contract duration is
also 10 years.For more information, please
contact the West Liberty FSA
Office at 955 Prestonsburg St.
West Liberty, KY or visit <http://www.fsa.usda.gov/crp>.**Foreign land
owners must
report holdings**LEXINGTON, KY., Aug.
15--Foreign investors who buy,
sell, or hold a direct or indirect
interest in U.S. Agricultural land
are required to report their hold-
ings and transactions to the U.S.
Secretary of Agriculture, in ac-
cordance with the Agricultural
Foreign Investment Disclosure
Act (AFIDA) of 1978.Agricultural land refers to
land used for crop production,
grazing use, orchards, vine-
yards, timber production, etc.
Foreign investors who buy,
sell, or hold a direct or indirect
interest in U.S. agricultural
land must file a report (form
FSA-153). A foreign person is
any individual who is not a
U.S. Citizen, an entity that is
a foreign government, an en-
tity formed under the laws of
a foreign government, or an
entity formed under a U.S. law
in which a foreign person has
a reportable direct or indirect
interest. A reportable interest is
an interest held by a foreign person
in agricultural land as a direct
landowner, a direct holder of a
leasehold interest for 10 years
or more, or an indirect interest.
Failure to timely file an accurate
report can result in a penalty,
with fines up to 25 percent of
the fair market value of the land.Persons who possess Per-
manent Resident cards (also
known as I-551 or green cards)
are not required to report under
the AFIDA.The USDA Farm Service
agency has been designated to
collect the AFIDA reports. Com-
pleted forms must be re-
turned to the FSA County Of-
fice where the land is located,
or where the programs are
administered. For more details
on reporting requirements con-
tact your local Farm Service
Agency.**Did You Know?**Worldwide, about 20 million
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Minutes from May 10th fiscal court mtg. recorded

The following is a complete listing of minute for the Morgan County Fiscal Court meeting conducted Thursday, May 10:

Members present – Magistrate Denzil Potter, Jon Brown, Stanley Riggsby, Frankie Spencer and Anthony Lykins, and Judge Executive Tim Conley.

• Motion made by Frankie Spencer and seconded by Jon Brown to adopt the agenda as presented.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Stanley Riggsby to approve the minutes of the last meeting.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the financial statement to April 30 and cash statement to date.

• Motion made by Jon Brown and seconded by Denzil Potter to ratify vendor claims register 09-0015 as presented.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Denzil Potter to ratify vendor claims register 09-0017 representing bills paid through March 31.

Vote – unanimous yes.
• Motion made by Denzil Potter and seconded by Anthony Lykins to ratify the vendor claims register representing bills paid April 1-29.

Vote – unanimous yes.
• Motion made by Stanley Riggsby and seconded by Jon Brown to ratify vendor claims register 10-0015 representing bills paid through April 30.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Stanley Riggsby to ratify vendor claims register representing

bills paid May 1-10.

Vote – unanimous yes.
• Motion made by Anthony Lykins and seconded by Frankie Spencer to approve the inter-fund cash transfers as presented on register 09-0012.

Vote – unanimous yes.
• Motion made by Jon Brown and seconded by Stanley Riggsby to approve the interfund cash transfers as presented on register 10-0012.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Stanley Riggsby to approve the interfund cash transfers as presented on register 11-0012.

Vote – unanimous yes.
• Motion made by Stanley Riggsby and seconded by Frankie Spencer to approve the budget transfers as presented on register 09-070 representing transfers made as of March 31.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Jon Brown to approve the budget transfers made as of April 12.

Vote – unanimous yes.
• Motion made by Stanley Riggsby and seconded by Denzil Potter to approve the budget transfers as presented on register 10-0071 representing transfers made as of April 30.

Vote – unanimous yes.
• Motion made by Jon Brown and seconded by Denzil Potter to approve the budget transfers as presented on register 11-0070 representing transfers made as of May 10.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Stanley Riggsby to ratify vendor claims register representing

ley Riggsby to approve all budget transfers as presented March 31-May 10.

Vote – unanimous yes.
• Motion made by Denzil Potter and seconded by Anthony Lykins to approve the first reading of the Morgan County Fiscal Court FY 2012-2013 budget ordinance as presented.

Vote – unanimous yes.
• Motion made by Stanley Riggsby and seconded by Frankie Spencer to approve the pre-approved re-occurring expenses in the FY 2012-2013 budget as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the first reading of budget amendment #22 in the amount of \$37,209.34.

• County Treasurer Darren Gillespie presented the second reading of budget amendment #11 in the amount of \$11,287.52 and a motion was made by Denzil Potter and seconded by Jon Brown to adopt budget amendment #11 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #12 in the amount of \$1242,038.32 and a motion was made by Frankie Spencer and seconded by Stanley Riggsby to adopt budget amendment #12 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #13 in the amount of \$103,312.61 and a motion was made by Frankie Spencer and seconded by Stanley Riggsby to adopt budget amendment #13 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #14 in the amount of \$7,526.70 and a motion was made by Frankie Spencer and seconded by Denzil Potter to adopt budget amendment #14 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #15 in the amount of \$76,547.75 and a motion was made by Jon Brown and seconded by Anthony Lykins to adopt budget amendment #15 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #16 in the amount of \$1,650,000 and a motion was made by Frankie Spencer and seconded by Denzil Potter to adopt budget amendment #16 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #17 in the amount of \$398,298.77 and a motion was made by Frankie Spencer and seconded by Jon Brown to adopt budget amendment #17 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #18 in the amount of \$51,013.43 and a motion as made by Denzil Potter and seconded by Frankie Spencer to adopt budget amendment #18 as presented.

Vote – unanimous yes.
• County Treasurer Darren Gillespie presented the second reading of budget amendment #19 in the amount of \$512,887.40 and a motion was made by Stanley Riggsby and seconded by Jon Brown to adopt budget amendment #19 as presented.

Vote – unanimous yes.
• Motion made by Jon Brown and seconded by Denzil Potter to approve the lease of a portion of a building on the property of Joe Bolton to store voting equipment and machines for the 2012 election year and maintain the entrance to the property.

Vote – unanimous yes.
• Motion made by Anthony Lykins and seconded by Frankie Spencer to ratify and accept bids for the Delancey park Recreational Trail and all contacts for insurance and FEMA projects.

Vote – unanimous yes.
• Motion made by Frankie Spencer and seconded by Stanley Riggsby to authorize the removal of the trees from the Main Street courthouse lawn upon the recommendation of representatives from the University of Kentucky.

Vote – unanimous yes.
• Motion made by Jon Brown and seconded by Denzil Potter to approve the purchase of a van for the jailer to replace the one that was totaled by the March 2 tornado and pay all invoices as presented.

Vote – unanimous yes.
• Motion made by Anthony Lykins and seconded by Denzil Potter to appoint Carolyn Gullett to the Morgan County Library Board.

Vote – unanimous yes.
• Motion made by Jon Brown and seconded by Frankie Spencer to pay the monthly bills through May 30.

Vote – unanimous yes.
• Motion made by Stanley Riggsby and seconded by Anthony Lykins to adjourn.

LETTER TO THE EDITOR

May 21, 2012
The Licking Valley Courier
P.O. Box 187
West Liberty, Ky. 41472

To Editor:
Here's my personal check of \$30 for to re-subscribe to your paper for another year. I enjoy reading your paper each week. Keep up the great work you're doing each and every week.

Sincerely,
Rickey A. Lewis
350 Gilbert Avenue
Fairborn, Ohio 45324



McDonald's BAL Grant

"McDonald's of East Kentucky recently presented a "Balanced Active Lifestyle (BAL)" grant award to Morgan County Middle School. This program rewards schools for designing healthy lifestyles programming that is creative, educational and cost effective. The Tri-State area McDonald's team strongly believes in rewarding local schools for developing unique and educational programs that support physical fitness and health education in elementary students. McDonald's representative Lisa Caudill is shown presenting the plaque and \$500.00 grant check to Leighann Wireman, Health and PE teacher, who submitted the grant proposal."



MORGAN

MEDICAL

Moment

Supplements: Are They Risky?

The bottles are lined up on the shelf: calcium, vitamin B6, iron, beta-carotene, folic acid, echinacea, melatonin and garlic. Every morning after breakfast, Veronica has her daily dose of pills.

Surveys show that at least 50 percent of American adults take one or more dietary supplements every day. And while they do it for good health, some evidence shows they may sometimes be putting their health in danger by doing so.

"Dietary" is the operative word. Everyone knows that diet plays a major role in good health. It's better to control your cholesterol and blood pressure with fruits, vegetables and whole grains rather than a drug. For one reason or another, most of us end up falling short of eating the perfect diet, and that's where supplements come in. Wendy Lykins, APRN

Doctors frequently prescribe supplements such as calcium, vitamin D or iron as part of a treatment plan. And that's the way they should be used. Based on your medical history and all of the medications you're taking, your doctor can objectively judge the benefits and risks of a supplement and the proper dose you need.

Self treatment with supplements is another matter. Even doctors go to another doctor for treating a medical problem. As the old saying goes, "the doctor who treats himself has a fool for a patient."

At the very least, you should tell your doctor about all the supplements you're taking since they could cause a dangerous interaction with each other or with prescription drugs you're taking. This information is crucial any time you're scheduled for a surgical procedure since some supplements increase the risk of bleeding or alter the response to anesthesia.

Many Americans do self treat, of course, based on the idea that supplements are "natural" and "only food." In a way, Congress endorsed that point of view in 1994 with passage of the Dietary Supplement Health and Education Act, stipulating that vitamins, minerals and herbal products are to be regulated as foods and not subject to the rigorous standards for approval required of drugs or food additives.

Unfortunately, some of the products placed on the shelves are not as safe as the food you put on your plate. Ephedra or ma huang, a popular product for weight loss, resulted in the death of a major league baseball player in 2003. Articles showing the potential health risks of ephedra and possible interactions with other drugs later prompted a ban of supplements containing the substance. Other substances such as chap-



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previously got into the Ford Explorer from which they retrieved a shotgun and fired a shot at Mr. Stacy, striking him.

The two subjects then left in Mr. Stacy's vehicle, which was later located on Star Gap Road.

Powell County Emergency Medical Services responded to the scene but Mr. Stacy refused treatment. The incident remains under investigation by Detective Virgil Rucker.

WAYWARD FEET

Lead me now Oh Savior sweet, from wayward paths direct my feet. Once I walked where I should not quick trouble came to be my lot, and my feet walked lonely there, knowing not your love and care. Wayward feet, wayward thoughts until your love and peace I sought Though some still chose to walk alone, forbidden paths you have not shown. Footsteps of mine now let them be following and close to thee. Come dear Jesus, lead me on until all wayward ways are gone, then never will I want to be but by your side and near to thee.

(Submitted by Alpha Clevenger)

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Area Deaths

Geneva McGuire

Geneva Stamper McGuire, age 89, of Louisville, Ky. formerly of Ezel, Ky., passed away Aug. 19, 2012, at Parkway Nursing Center.

She was born January 20, 1923 in Grassy Creek, Morgan County, Ky.

Geneva was the eldest child of the late Lon and Nova Nickell Stamper. She was a bookkeeper and also worked at Brantley Security for many years. She was a member of the Eastern Star and Okolona Presbyterian Church.

In addition to her parents, she was preceded in death by a infant son, Richard Lee McGuire;

grandson, Justin Grant Turner; son-in-law, James P. Turner; brother Lon Stamper Jr.; and sister, Orene Block Crammer.

Geneva is survived by her husband of 69 years, Ronald C. McGuire, of Louisville; son Ronald W. McGuire (Sandra), of Eaton, Ohio; daughter, Patricia Turner, of Louisville; grandsons, Tony McGuire, of Eaton, Ohio, and Brent Turner (Deborah), of Louisville, KY; granddaughters, Kellye Beasley (John), of Union, OH, and Jessica Turner (Will Moore) of Louisville, KY.

She is also survived by her great-grandsons, Ty L. Mc-

Guire (Leanna Jackson), Ren J. McGuire, of Eaton, OH, and Nathaniel Turner, of Louisville; great-granddaughters, Natalie Turner, of Louisville, and Chelan Beasley, of Union, KY; her brother, Paul Stamper (Erma); her sisters, Aleta Chaney and Betty Cecil (Charles); sister-in-law, Betty Jo Stamper; and many nieces and nephews.

Funeral services will be conducted 1:00 pm Saturday at Herald & Stewart & Halsey Funeral Home, West Liberty, KY. Visitation 11 a.m. Saturday at Herald & Stewart & Halsey Funeral Home.

Burial will follow in the Ezel Cemetery in Ezel, KY., with Herald & Stewart & Halsey Funeral Home in charge of arrangements.

Pallbearers were family and friends.

Donations may be made to Okolona Presbyterian Church, Ezel Presbyterian Church, Southeast Christian Church or a favorite charity.

Bradford Ison

Bradford Bartley Ison, 53, of St Rt #220, Waverly, Ohio, died Wednesday, Aug. 15, 2012 in Hammond, Indiana.

He was born January 23, 1959, in Delaware, Ohio, the son of the late Bradford Ison and Wanderene (Hill) Ison.

Surviving are two sons, Brandon Gasser and wife Ra-

chael, of Virginia Beach, Virginia, and Kyle Gasser of Hilton Head, South Carolina; grandson, Emmitt Gasser; sister, Elizabeth Sears and husband Robert, of Waverly, Ohio; niece, Cheyenne Sears; nephew, Dakota Sears; and several aunts, uncles and cousins. Bart was a construction welder and pipe fitter for Local #577 in Portsmouth, Ohio, and a 1977 graduate of Waverly High

School.

Funeral services were conducted Tuesday, August 21, at the Boyer Funeral Home in Waverly, Ohio, with Rev. Gary Pack officiating.

Graveside services were conducted 1 p.m. Wednesday, Aug. 22, at Paint Valley Memorial Gardens in Crockett with Potter Funeral Home in charge of local arrangements.

SENIOR CITIZENS MENU

Monday, Aug. 27--Baked chicken, seasoned noodles, green beans, wheat roll, margarine, fruit cup, milk.

Tuesday, Aug. 28--Pinto beans w/ham, potato and carrots, cooked cabbage, cornbread, margarine, fruit cocktail, milk.

Wednesday, Aug. 29--Salm-

on pattie, baked potato, peas and carrots, wheat roll, margarine, ambrosia, milk.

Thursday, Aug. 30--Meat-sauce, spaghetti, buttered broccoli, wheat roll, margarine, apricots, milk.

Friday, Aug. 31--Chicken salad, vegetable soup, tossed salad, wheat bread, crackers, orange, chocolate pudding, milk.

ANGELIC RULES FOR FRIENDSHIP

Sow seeds of kindness and every day, sprinkle frequently with laughter. Pick friendship with care. Weed out bad thoughts, grow a little every day. Be perennially happy. Remember that everything under Heaven is a miracle.

(Submitted by Alpha Clevenger)

News Of Record

CIRCUIT COURT

New civil cases – Jennifer L. Gilliam vs. Kevin Elliott, Aug. 10; Robert Lee Bolin vs. Mitchell Shane Bolin et al, Aug. 13; Maxine Lemaster vs. Ralph Cantrell, Aug. 14; Billie Jo Caskey vs. Chadrick T. Caskey, Aug. 14; The Bank of New York Mellon vs. Douglas C. Stamper et al, Aug. 15; Glenn Ross vs. Ison Insurance Agency et al, Aug. 16; Phillip Scott Jones vs. Merrietta Standafer, Aug. 17.

DISTRICT COURT

New civil cases – Jackson Hospital Corporation vs. Jeffrey Lewis, Aug. 9; Soaring Capital LLC vs. Darvin G. Wells et al, Aug. 10; Midland Funding vs. Brian Wilson, Aug. 10; Asset Acceptance LLC vs. Brandon D. Tharp, Aug. 10; Razor Capital vs. Phillip Kidd, Aug. 13; Lola M. Helton vs. Anthony B. Helton, Aug. 15; Razor Capital, LLC vs. Lester Hittetpole, Aug. 16; CDB Acquisitions, LLC vs. Douglas Stamper, Aug. 16.

New small claims cases – Leslie Beecham #070860 vs. EKCC, Aug. 10.

ARRAIGNMENTS

Shannon T. Benton – failure to produce insurance card – rescheduled Sept. 11.

Patrick J. Burchett – no operators/moped license – pled guilty, \$100.

Laci E. Fraley – theft by deception including cold checks under \$500 – bench warrant issued.

Marrica Givens – speeding 5 mph over limit, operating on suspended/revoked operator's license, failure to produce insurance card, no operator's/moped license – failed to appear; bench warrant issued.

Ryan L. Halsey – speeding 10 mph over limit – order entered.

Levi J. Lewis – disorderly conduct (second degree) – pled guilty, \$200; alcohol intoxication in a public place – pled guilty, \$50.

Leslie G. Maschino – speeding 5 mph over limit, operating vehicle with expired operator's license, failure to use child restraint device in vehicle – order entered.

Darrell W. Moore – failure of non-owner operator to maintain required insurance – pled guilty, \$500.

Katelyn M. Phipps – theft by deception including cold checks under \$500 – pre-trial conference Sept. 25.

Katelyn M. Phipps – theft by deception including cold checks under \$500 – pre-trial conference Sept. 25.

Eli Ratliff – no operator's/moped license, no/expired Kentucky registration receipt, failure to produce insurance card, failure of owner to maintain required insurance/security, failure to register transfer of motor vehicle, speeding 15 mph over limit – rescheduled Sept. 11.

James R. Stevens – no insurance (first offense), no/expired registration plates – rescheduled Aug. 28.

Samuel B. Preston Wilson – speeding 5 mph over limit, failure to produce insurance card, failure of non-owner operator to maintain required insurance – failed to appear.

Zach C. Wright – failure to notify address change to department of transportation – rescheduled Aug. 21.

Pre-trial conference – Charles Adkins – theft by deception including cold checks under \$500 – pled guilty, 180 days.

Preliminary hearing – Derrick K. Havens – burglary (first degree) – probable cause found; matter bound over to grand jury.

Pre-trial conference – Tony Hill – theft by deception including cold checks under \$500 – rescheduled Aug. 28.

Preliminary hearing – Tony Hill Jr. – burglary (third degree) – rescheduled Aug. 28.

Pre-trial conference – Tony R. Hill – theft by deception including cold checks under \$500 – rescheduled Aug. 28.

Preliminary hearing – Kayla M. Wireman – burglary (third degree) – probable cause found; matter bound over to grand jury.

Kayla M. Wireman – theft by unlawful taking – pre-trial conference Aug. 28.

Kevin W. Barker – reckless driving, failure to wear seatbelts, operating on suspended/revoked operator's license, no/expired registration plates, no/expired Kentucky registration receipt, failure to produce insurance card, failure of non-owner operator to maintain required insurance, failure to register transfer of motor vehicle, operating a motor vehicle under the influence of alcohol/drugs – bonded out.

Shawn Steele – burglary (first degree), convicted felo in possession of a handgun, carrying a concealed deadly weapon, drug paraphernalia (buy/possess) – preliminary hearing scheduled Aug. 28.

Michael Oney – receiving stolen property under \$500 – pre-trial conference Aug. 21.

Preliminary hearing – Kyle A. Stamper – reckless driving – pled guilty, \$100; fleeing or evading police (first degree) – pled guilty, \$100; failure to wear seatbelts – pled guilty, \$25; failure to produce insurance – pled guilty, \$500.

Preliminary hearing – Larry M. Collins – burglary (first degree) – probable cause found; matter bound over to grand jury.

Preliminary hearing – Larry M. Collins – complicity to burglary (third degree) – probable cause found; matter bound over to grand jury.

Pre-trial conference – Thomas E. Gilliam – operating a motor vehicle under the influence of alcohol/drugs – pled guilty, \$200, loss of license for 90 days; drug paraphernalia (buy/possess) – pled guilty, 60 days.

Pre-trial conference – Elliott Gipson – reckless driving – pled guilty, \$100; failure of non-owner operator to maintain required insurance – pled guilty, \$500; operating on suspended/revoked operator's

license – pled guilty, \$100.

Pre-trial conference – Katelyn Michelle Phipps – theft by deception including cold checks under \$500 – rescheduled Sept. 25.

MARRIAGE LICENSES

Morgan County Court Clerk, Randy Williams, has issued the following marriage licenses.

Kendra Leigh Cantrell, 21, of West Liberty, daughter of Loretta Ann Vest and Jerry Lee Cantrell, to Dustin Lynn Lewis, 18, of Clearfield, son of Pamela Sue Barker Lewis and Ernest Lewis, Jr.

Amie Michelle Miller, 19, of Hazel Green, daughter of Melissa Gayle Parks and Paul Wayne Miller, to Elmer Scott Lawson, 48, of Hazel Green, son of Anna Mae Chambers Charnesky and Elmer Lawson.

PROPERTY TRANSFERS

Darrell Chaney, Richard Chaney and Janea, Nancy Stacy and Terry Stacy to Rick Chaney and Tina Chaney, land located on the waters of Grassy Creek, \$1 plus love and affection.

Brian Prater and Crystal L. Prater to Kevin L. Petre and Louise N. Petre, 0.73 acres, more or less, tract of land known as tract 3 of the division of Menno N. Miller and situated on the watershed of Elkfork and lying on Hwy. 172, \$800.

Zip Wells and Sandra K. Wells to Marc Jordan, 3 tracts on the Open Fork of Paint Creek, situate on Browns Branch, \$50,000.

Zip Wells and Sandra K. Wells to Marc Jordan, 50 acres on Open Fork of Paint Creek, \$150,000.

Harry Helton and Dorothy M. Helton, Nancy Brandt to James

Othel Rupe and Linda Darlene Rupe and Kevin Brian Johnson, 0.392 acres, more or less, on Helton Street, \$11,500.

Terry Lee Whitt and Monica Whitt to Brandon Wilson and Whitney Wilson, 2 acres, more or less, off US 460 on Bertie Hammonds Road, \$120,000.

Marilyn W. Cook and William Cook, Ann W. Craig and Russell to Douglas Poer and James E. Poer, 2 tracts lying on Middle Fork of White Oak Creek, along Sam L. Reed Ridge, \$12,000.

HOUSE FOR SALE City Limits

3 BR/2 BA, carport, 1/2 unfinished basement, excellent closets and storage, updated and remodeled, convenient and private.

\$115,000

Call 495-6833

Morgan ARH

MEDICAL Moment

Don't Just Sit There; Get Moving!

As a self-employed writer working from home, Ben has the luxury of a regular exercise schedule. Every morning, he goes out at about 9:15 for a five- or six-mile run or walk. The rest of the day and into the evening, he spends at his desk. His family, friends and even his doctor think of Ben as being "very active," but he is well aware that he is sedentary more than 20 hours every day.

Although it may not seem fair, Ben's sitting puts him at increased risk of dying from heart disease or any cause. Sitting, according to several recent studies, is an independent risk factor for heart disease—even among those who exercise dutifully.

A study that followed 4,512 middle-aged Scottish men for about four years found that those who sat four or more hours in front of a TV, video game or computer screen were more than twice as likely to have a heart attack and 50 percent more likely to die from any cause compared with those who spent two hours or less in front of a screen. And apparently this increased risk was true for those who exercised regularly as well as those who didn't.

Several possible reasons have been proposed. Laboratory studies have found that sedentary animals have reduced activity of lipoprotein lipase, an enzyme that breaks down circulating blood fats and makes them available to muscles for energy. This in turn leads to higher levels of fats and triglycerides in the blood, increasing the risk of heart disease.

In the Scottish study, levels of C-reactive protein (CRP) were about twice as high in subjects with four hours of screen time compared to those with two hours or less. CRP is a marker of low-grade inflammation and a risk factor for heart disease.

Exercise apparently has no effect on lipoprotein lipase and may tend to increase inflammation in muscle tissues.

For the salesman or construction worker who spends all day moving around but can't find the time or energy to exercise, these studies offer hope. Even though these individuals may never get their heart rates into a training range, they use energy almost constantly every day.

Harvey B. Simon, M.D., author of the book, The No Sweat Exercise Plan, rejects the arbitrary distinction between exercise and activity and looks for "the broad spectrum of activities that contribute to health."

Dr. Simon uses the term cardiometabolic exercise (CME) "to emphasize the health benefits of everything from moderate activity to aerobic training, from washing the car to hitting the elliptical." For general health and gradual weight loss, Dr. Simon recommends a goal of at least 150 points a day or 1,000 a week. Using his system, you can rack up 200 CME points for mowing the lawn with a hand mower, 145 points for pushing a power mower.

Another way of measuring your activity is with a pedometer. Set a goal of 10,000 steps a day, and this can be accomplished through one long or several shorter walks.

Most would agree that Ben and others who work out enthusiastically should continue what they're doing. Regular, moderately vigorous physical activity may be the most important thing you can do to protect yourself against heart disease, cancer, stroke and diabetes. It regulates blood sugar, tones muscles, keeps blood vessels supple and helps control weight. But it's also important to keep moving at other times, even when you're injured or taking the afternoon or weekend off.

Since you've already had a vigorous workout, these movements should be designed to relax and recover rather than stress the cardiovascular system. Take the stairs rather than the elevator if you wish. But if that means charging up four or five flights, you might want to reconsider and save your energy for tomorrow's gym workout. Wendy Lykins, APRN

If you have a desk job, there are a few things you can do to avoid prolonged sitting. Walk around the room while you're talking on the phone. Stroll down the hall to talk to a colleague rather than sending an email. Take frequent breaks to visit the copier, the water fountain and the toilet. Even standing from time to time helps.

If you've done aerobic work at the health club, you can use your down time at home doing stretches or yoga while watching TV. The muscles you use during your workout will appreciate the activity, and your heart will benefit by avoiding the health risks of too much sitting.



Bus Drivers Needed



Morgan County Board of Education is seeking substitute school bus drivers.

Beginning salary for substitutes will be \$14.00 per hour.

We will gladly work with current employers to negotiate scheduling if needed and we welcome those who can only substitute one or two days per week or only for morning or afternoons.

If you are interested in driving a school bus for the Morgan County School District contact

Keith Holbrook at (606)743-8082

C-8-16-2T

ADULT DAY CARE CENTERS

Gateway Community Action announces participation in the USDA Child and Adult Care Food Program administered by the Kentucky Department of Education.

Meals will be served at no separate charge to enrolled participants at the center and are provided without regard to race, color, national origin, sex, age or disability. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer. If you believe you or any individual has been discriminated against in the Child and Adult Care Food Program, write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

Participants eligible for free and/or reduced price meals must have a complete application with documentation of eligibility information which may include a SNAP, SSI, or Medicaid case number, or names of household members and income information.

If you have questions regarding the Program, please contact Jenny Murphy (sponsor contact person) at 606-743-3133 (phone number).

Participating Center

Address

Morgan County Adult Day Care 493 B Riverside Drive
West Liberty, Ky 41472

Income Guidelines for Free/Reduced Price Meals Effective July 1, 2012– June 30, 2013

Family Size	Free Meals		Reduced Price Meals	
	Monthly	Yearly	Monthly	Yearly
1	\$1,211	\$14,521	\$1,723	\$20,665
2	\$1,640	\$19,669	\$2,333	\$27,991
3	\$2,069	\$24,817	\$2,944	\$35,317
4	\$2,498	\$29,965	\$3,554	\$42,643
5	\$2,927	\$35,113	\$4,165	\$49,969
6	\$3,356	\$40,261	\$4,775	\$57,295
7	\$3,785	\$45,409	\$5,386	\$64,621
8	\$4,214	\$50,557	\$5,996	\$71,947
For each additional family member, add:	\$ 429	\$ 5,148	\$ 611	\$ 7,326

1. Record name of public information media to which news release was sent, and date submitted:

Name: Licking Valley Courier Date: 8/16/2012

2. Record name of minority/grassroots organization to which news release was sent, and date:

Name: Morgan County Public Library Date: 8/16/2012



Masks from Mexico

Dale Bailey, who from time to time contributes articles of interest to The Licking Valley Courier, came by The Courier Office recently with these unusual, sculptured masks. Dale acquired these from friends who purchased them in Mexico approximately 40 to 50 years ago while vacationing there. Dale believes these were made by Aztec or Inca Indians. The Aztecs used masks as ornaments, and were sometimes worn as part of a ritual, or in death as a death mask. Some masks were made for display and were not to be worn. The above masks appear to have been made from an unknown wood. Others were made of clay, green or black stone, obsidian (a hard, dark volcanic glass/stone), etc. Various materials including turquoise, gold pyrite, coral and shell were used to create mosaics on the masks.

ACCEPTING APPLICATIONS

Morehead State University, recognized as one of the top public universities in the South by U.S. News & World Report, is accepting applications for a fixed-term, full time position as Adult Basic Education Instructor II at the MSU Adult Learning Center in Wolfe County. For a full description and to apply, visit [HYPERLINK "http://www.moreheadstate.edu/employment"](http://www.moreheadstate.edu/employment) www.moreheadstate.edu/employment. Please submit a cover letter, resume and three references by September 7, 2012. Contact the Office of Human Resources at (606) 783-2097 should you have questions about our online application. MSU is an EO/AA educator and employer with a strong commitment to community engagement.

C-8-23-1T

Mann

AUTO SALES

What a Deal!

UNDER \$10,000

2002 Kia Sportage 4x4 \$2,950
 #153170, Blue, 4 cyl.
 1998 Dodge Ram 1500 4x2 \$4,450
 #156931, Black, 8 cyl., 120K
 1998 Dodge Grand Caravan Sport \$4,950
 #704385, White, 6 cyl., 95K
 2004 Dodge Caravan SXT \$5,950
 #503535, White, All Power, Alloy Wheels
 2004 Jeep Grand Cherokee Laredo 4x4 \$5,950
 #145670, Red, 6 cyl., Auto
 1999 Dodge Dakota \$6,950
 #156670, Black, 6 cyl., Auto
 2002 Dodge Grand Caravan \$6,950
 #658046, Burgundy 6 cyl., Only 107K
 1997 Jeep Grand Cherokee \$6,950
 #658717, Black, 6 cyl., Only 56K
 2005 Ford Focus SE \$6,950
 #191341, Burgundy 6 cyl., All Power
 1995 Jeep Wrangler S 4x4 \$6,950
 #270511, White, 4 cyl., Leather
 2001 Toyota Camry CE \$6,950
 #551441, Charcoal, 4 cyl., Sunroof
 2001 Toyota Corolla LE \$6,950
 #472307, Red, 4 cyl.
 2001 Dodge Grand Caravan \$7,950
 #143263, Tan, V6, All Power, Leather
 2005 Ford Escape Limited 4x4 \$7,950
 #661446, Silver, 6 cyl., All Power
 2003 Honda Odyssey EXL \$7,950
 #016426, White, 6 cyl., Leather
 2001 Nissan Pathfinder 4x4 SE \$7,950
 #521750, Tan, 8 cyl., Sunroof, Run. Bds.
 2007 Buick Terraza CX \$8,950
 #105443, White, 6 cyl., Leather
 2002 Chevrolet Silverado 1500 \$8,950
 #14286, Red, 6 cyl.
 2008 Chrysler Sebring Touring \$8,950
 #12680, Gray, 6 cyl., Leather
 1999 GMC Sierra 1500 SL 4x4 \$8,950
 #331229, Gray, 6 cyl., 3 Door
 2003 Infiniti M45 \$8,950
 #031430, Pearl White, 6 cyl., Leather
 2004 Jeep Grand Cherokee 4x4 \$8,950
 #424972, Bronze, 6 cyl., Sunroof
 2003 Chevrolet Silverado 1500 \$9,450
 #144694, Charcoal, Cruise
 2004 Chevrolet Silverado 1500 \$9,450
 #278421, Blue, 6 cyl.
 2005 Ford Explorer XLT \$9,950
 #151889, Blue, Tan, 3rd Row
 2005 Ford Explorer XLT \$9,950
 #19415, Blue, All Power, Alloy

CARS

2008 Chevrolet Impala \$10,450
 #191068, Silver, 6 cyl., All Power
 2008 Chevrolet Cobalt LS \$10,950
 #236854, Red, 4 cyl., 4 Door
 2008 Hyundai Sonata Limited \$11,950
 #312289, Gray, 6 cyl., All Power
 2009 Toyota Yaris 4x2 \$11,950
 #330138, Green, 4 cyl.
 2010 Ford Focus SE \$13,950
 #175632, Gray, 4 cyl., Alloy Wheels
 2006 Mercury Grand Marquis LS \$13,950
 #646595, Gray, 6 cyl., Leather Loaded, 29K
 2009 Toyota Camry LE \$13,950
 #733143, Blue, 4 cyl., All Power
 2010 Kia Forte SX \$14,950
 #048742, Silver, 4 cyl., Alloy
 2008 Scion TC 4x2 \$14,950
 #254624, Charcoal, 4 cyl., Alloy Wheels
 2009 Toyota Corolla S \$14,950
 #014689, Red, 4 cyl., Manual
 2009 Dodge Journey SXT \$15,950
 #584192, Red, 6 cyl., Alloy Wheels
 2010 Kia Forte \$15,950
 #139129, Silver, Sunroof, All Power, Only 12K
 2009 Toyota Camry \$15,950
 #412339, Black, 4 cyl., All Power
 2011 Chevrolet Cruze 2LS \$16,950
 #151889, Blue, 4 cyl., 6 Spd.
 2011 Chevrolet Impala \$16,950
 #107762, Silver, 4 cyl., All Power
 2010 Scion TC \$16,950
 #310901, Blue, 4 cyl., 2 Door
 2009 Toyota Camry LE \$16,950
 #344420, Charcoal, 4 cyl., Sunroof
 2009 Toyota Camry LE \$16,950
 #136475, Black, 4 cyl., All Power, 34K
 2009 Toyota Camry LE \$16,950
 #121984, Blue, 4 cyl., All Power, 23K
 2009 Toyota Camry LE \$16,950
 #343144, Red, 4 cyl., Power Everything
 2010 Toyota Camry SE \$17,950
 #042792, Red, 4 cyl., All Power
 2010 Toyota Corolla \$17,950
 #343420, Black, 4 cyl., Sunroof, Only 12K
 2010 Chevrolet Impala LT \$18,950
 #160150, White, 6 cyl., Leather
 2010 Scion TC \$18,950
 #318812, Black, 4 cyl., Only 16K

Tax, tag & fees not included. WAC. No down payment.

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Mt. Sterling, KY
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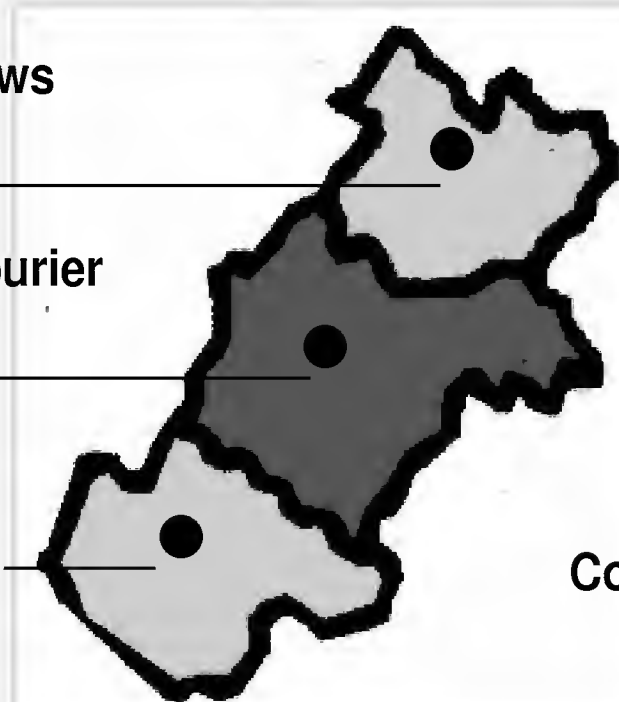
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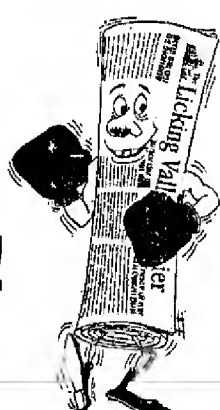
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Mrs. Ison hosts MSC monthly meeting Aug. 7

The Margaret Stacy Circle continues to carry on with their monthly meetings, in spite of the loss of their West Liberty United Methodist Church to the tornado in March. They had a very enjoyable and interesting gathering Tuesday evening, August 7, at the home of hostess, Mrs. Paul Ison.

After the opening prayer, Mrs. Ison served a salad buffet to the ladies in two dining areas. The group then gathered on the outdoor deck for the devotion and program which was given by Sue Brunk, wife of Rev. Jamie Brunk, the new pastor of the W.L.U.M. Church. Mrs. Brunk based her devotion on I Corinthians 12. She then gave an account of the Methodist Southeastern Jurisdictional Conference at Lake Junaluska Retreat Center in North Carolina, July 17-20, that she and Rev. Brunk attended in representing the Red Bird Mission Conference.

Jamie and Sue served as Clergy and Larty, respectively, on the 2012 Southeastern Jurisdictional Conference Secretarial Staff, and Mrs. Brunk led the conference attendees in prayer during one of the evening sessions. They were also at the program where it was announced that former District Superintendent, Debbie Wallace-Padgett, was one of four elected Episcopal leaders. She is the first woman nominated for bishop from the Kentucky Annual Conference. Mrs. Padgett has visited the West Liberty Church several times in her capacity as District Superintendent. Mrs. Brunk emphasized the main purpose of the SEJ Conference is to mold and shape the future of the United Methodist Church. It is held every four years and has been at Lake Junaluska since 1956. Besides the business matters and officer elections, the conference is a holy gathering and a time of reflection and worship, celebrating the ministry and lives of those who serve the Southeastern portion of the United States.

After the program, Mrs. Darren Gillespie was honored with a baby shower given by all ladies of the church. Deatrah and Darren, parents of Braylen, are expecting their second

child later this month. She was assisted with her gifts by Lori Keeton and daughter, Carolina, and Annie Wilhoite and daughter, Carolene. Mrs. Ison then served cake, pie, and coffee to the group. After which, MSC Co-President, Kathy Walter, conducted the business meeting. There was discussion concerning fund-raising projects to sell notes, stationery, and cards with a photo of the previous Methodist Church and also prints of the church stained glass windows. The MSC is now working on another cookbook to have for sale, hopefully for The Sorghum Festival.

The ladies were happy to have Co-President Bev Bell back after her hospitalization and recuperation in Lexington for several weeks. Attending were: Kathy Walter, Deatrah Gillespie, Lois Smith, Anita Hunley, Peggy Weddington, Anna Jean Allen, Pam Rose, Pauletta Wells, Lori Keeton and daughter, Carolina, Jonell Tobin, Emily Gullett, Sue Brunk, Annie Wilhoite and daughter, Carolene, Judy Elam, Bev Bell, Laura Vest, Leslie Lindon, and hostess Barbara Ison.

The September 11 meeting will be a potluck picnic at Old Mill Park. Mrs. Pam Rose will hostess the October meeting at her home on Davis Lane, at the regular meeting time, the first Tuesday evening of the month. her co-hostesses are Anita Hunley and Peggy Weddington.

Socials

On Saturday, August 18th, Lana and Larry Paul, of Bunker Hill, Indiana, visited Ronnie Clay and Patricia Williams at their home on Hwy. 519. A dinner was served in their honor. Those attending were Lana and Larry Paul, Ronnie Clay, Patricia, Dakota, and Braxton Williams, Kathryn and Roy Elam, Ronnie and Debbie Conley, Myra and Keith Whisman, Nicky, Sharon, Kyle, and Katie Williams, Gary and Jerry Cox, Devin, Crystal, and Alexis Smith, and Rita McGuire. Lana is the daughter of the late Wiley C. and Madge Sloas Williams and the sister of Ronnie Clay



New Kiwanians

Archie Gibson, center, and Jamie Brunk, new pastor of the West Liberty United Methodist Church, right, are the newest members of the West Liberty Kiwanis Club. They were inducted by Kiwanis President Jim Gazay, left, at the club's regular meeting on Monday, Aug. 20.

Annual summer picnic highlight of String Along meet.

For a good number of years now, String Along Quilt Guild members have enjoyed a summer picnic. The annual event was the highlight of the July 24th regular monthly meeting. A table spread with many tasty dishes awaited the group at the end of the business meeting.

As always, president Libby Hammonds called the meeting to order and led the group in the Pledge to the American Flag.

Twenty one members answered roll call, followed by the reading of the previous month's minutes by Janie Collinsworth. Treasurer's report by Sandra Tyree was next. Both were approved as read.

A guest, Mrs. Beverly Cantrell, brought a beautiful Cathedral Window quilt she made to share with the group. The prize winning quilt still had the blue ribbon attached to it that was won a few years ago during the annual Morgan County Sorghum Festival. Thanks to Beverly for coming and showing the quilt.

Drawing for the raffle quilt, originally scheduled to be given away during the quilt show that was postponed, took place at the end of the business session. Little Miss Eva Roark drew the winning name from a large container of tickets. Margaret Minix was the lucky winner of the beautiful quilt. Many thanks to all who purchased tickets on the quilt. Proceeds from ticket sales go to help fund String Along projects.

Linda Perry asked the blessing on the potluck picnic meal. Those present included guests, Beverly Cantrell, Melissa Roark and daughter, Eva; members Sandy Adkins, Betty Black, Blanche Black, Debbie Burchett, Myrtle Fannin, Libby Hammonds, Eleanor Holbrook, Vanessa Litton, Alane Nickell, Josephine O'Neal, Kathleen Perkins, Linda Perry, Sharon Peyton, Chris Sexton, Emily Tyree, Sandra Tyree, Blondell Williams, Oedith Wright, Amy Nunnery, Shelia Williamson, and Janie Collinsworth.

The next meeting will be conducted Tuesday, Aug. 28. For additional information contact President Libby Hammonds, (606) 743-4322.

Williams and Debbie Conley. She is the niece of Kathryn and Roy Elam. Everyone had a

wonderful time. Nicky was the hit of the evening with his sausage balls which were delicious.

Community
Bulletin Board

Farm equip. for rent at
Conservation District

Morgan County Conservation District has for rent an aerator, two renovators, an ag sprayer, and a lime spreader for farm owners in Morgan County. Please call the Conservation District at (606) 743-3194 ext. 3 and speak to Donna Leach if you have any questions about renting this equipment or stop by the office at 955 Prestonsburg Street, Ste. 2, West Liberty.

C-4-5-tf

OLIVER HANEY
CEMETERY NOTICE

Thank you for your contributions last year to help keep the cemetery mowed and cleaned. I hope we can count on your continued support for this year. Contributions can be sent to the following address: Oliver Haney Cemetery Fund, c/o Shirley J. Cassity, 900 Hwy. 844, West Liberty, Ky. 41472.

C-4-12-tf

Job Club mtg. Tuesdays
each week at MSU Ctr.

Job Clubs of Eastern Kentucky meet weekly with a small group of job seekers and workforce professionals to gain a competitive edge in today's tough job market. New members are always welcome! Job Clubs help you: create a game plan for your job search, link with quality employers, improve your interviewing skills, learn self-marketing skills, evaluate, negotiate, and land job offers, connect with other job seekers, ease your stress during your job search. Job Clubs are FREE! Let Job Clubs lead you in the right direction! Morgan County Job Club meets Tuesdays at 10 a.m. (new member orientation at 9:30 a.m.), Morehead State University (MSU) Regional Enterprise Center, 151 University Drive, Room 307, West Liberty. For additional information phone (606) 743-3133.

C-5-17-10t

Gateway Job Club

The WIA program has a Job Club every week on Tuesday at 10:00 a.m. at the Gateway office. Our Job Club is located in the same building where the Morgan County Library is, on the 3rd floor--room 307. If you are unemployed then Job Club is the place to be. Job listings will be available at all meetings. We plan to have guest speakers from businesses at Job Club to inform you of what they look for in an employee. We offer help with resumes and interview skills. The Job Club services are free, so come out and join us. We look forward to assisting you. If you need additional information contact Sidney Castle at (606) 743-3133. C-7-19-TF

Annual Ison reunion
slated September 1st

The descendants of John Edward Ison, relatives, friends, and neighbors, will gather on Saturday, Sept. 1, at Darrell Edward Fraley's farm on Hwy. 437. Beginning at 3 p.m. with supper served at 5 p.m. Games, good fellowship, and fireworks at dark. From West Liberty take Hwy. 172 approximately 10 miles to Highway 437, before Plow Boys Store, turn right, go 2 miles to Ferguson Branch Road, turn right, first cabin on left. Bring a dish and drinks. For more information call Floetta Fraley, (606) 522-4377.

C-8-23-2t

Korea School reunion
slated Sunday, Sept. 2

The Korea School reunion will be held on Sunday, Sept. 2, at Menifee County Park, shelter #1. A cookout is planned. For more information, contact David Crain at (606) 768-3776 or (606)359-1358.

Fyffe and Ball family
reunion set Sept. 2

Due to the March 2nd tornado, the Fyffe and Ball family reunion will be held Sunday, Sept. 2, at Isonville Elementary School, in Elliott County, beginning at 11 a.m. until ?. Bring a covered dish and enjoy the day. Everyone welcome.

C-8-16-3t

6th Annual Cougar
Tennis Classic set
for Aug. 24-26th

The 6th Annual Cougar Tennis Classic will be held August 24 through August 26, at the Kiwanis Tennis Courts, in West Liberty. Divisions will be Men's and Ladies' Singles A, B and Novice; Men's and Ladies' Doubles and Mixed Doubles; 12 and under. First and second place winners will receive awards in each division. Cost for students (K through grade 12) is \$12 per event; and \$15 per event for adults. All proceeds will benefit the Morgan County Tennis Team. Contact Vickie Oldfield, (606) 477-0836, vickie.oldfield@morgan.kyschools.us or Addison Whitt awhitt@mrtc.com for entry. Include your name, phone #, e-mail and divisions entering. Deadline for entry is August 20th; you may call for playing times after noon on Thursday, Aug. 23. Free T-shirts for the first 75 entries.

C-8-9-2t

Fish fry at Wells Chapel
Church of God Sept. 1

Wells Chapel Church of God and Faith Baptist Church will be sponsoring a fish fry at Wells Chapel Church of God on Saturday, Sept. 1. Special singing will begin at 4:00 p.m. Everyone is welcome. Anyone needing transportation can call Pat Hoskins at 743-4964 or (606) 495-7600.

C-8-9-4t

Blanton family reunion
is scheduled Aug. 26th

The Blanton family reunion is scheduled 11 a.m. Sunday, Aug. 26, at Conley Park, Route 52 West, Portsmouth, Ohio For more information contact Berniece Kahler at 614-891-5498. Please bring a covered dish. Old and new family pictures are welcome.

New Hope Baptist Ch.
clothing distribution

Clothing distribution at New Hope Baptist Church will resume once a month beginning 9 a.m.-2 p.m. Saturday, Sept. 15.

Tennis tournament
slated in Morehead

Mark Kidd, Rowan County boys tennis team coach, announces that there will be a tennis tournament Sept. 7-9, in Morehead.

C-8-16-3t

Korea School Reunion
slated Sunday, Sept. 2

The Korea School Reunion will be held Sunday, Sept. 2, at the Menifee County Park, Shelter #1. A cookout is planned. For more information, contact David Crain at 606-768-3776 or 606-359-1358.

C-8-16-3t

Adkins-Trimble reunion
slated Sunday, Sept. 2

The Adkins-Trimble reunion will be held Sunday, Sept. 2, at Old Mill Park, large shelter. Bring a covered dish and drinks and join the family fun. For more information call 725-5010.

C-8-16-3t

Whitt family reunion
slated Monday, Sept. 3

The family of Roy and Lela Maggard Whitt would like to invite you to the Whitt family reunion, Labor Day Monday, Sept. 3, at Shelter House #3 at Grayson Lake. The fun will begin at 11:00, with food ready about noon or so. We want all our friends and neighbors to join us. Bring a covered dish for a day of great food, laughter and fellowship. If you have any questions, please call Ethel Whitt at (606) 738-5262.

C-8-23-2t

Manning-Cole reunion
set Saturday, Sept. 1

The Manning-Cole reunion will be Saturday, Sept. 1, beginning at 11 a.m., in the basement of Ezel First Church of God. All family and friends are invited to attend.

C-8-23-2t

Little Learners program
at Morgan elem. schools

Little Learners is a program designed for children between the ages of 3 and 5 to get them involved in learning. Your child will enjoy a healthy snack while listening to a story. When story time is over you will help them make a fun craft that they will take home. This program is offered at all elementary schools. Time is 2 to 3 p.m. on the following dates:

East Valley--Sept. 12, Oct. 10, Nov. 14, Dec. 5, Jan. 9, Feb. 6, Mar. 6, Apr. 10.

West Liberty Elem.--Sept. 14, Oct. 12, Nov. 16, Dec. 5, Jan. 11, Feb. 8, Mar. 8, Apr. 12.

Morgan Central--Sept. 7, Oct. 12, Nov. 2, Dec. 7, Jan. 4, Feb. 1, Mar. 1, Apr. 5.

Ezel Elem.--Sept. 21, Oct. 19, Nov. 19, Dec.14, Jan. 18, Feb. 15, Mar. 15, Apr. 19.

C-8-24-2t

Lindon reunion set
Sunday, September 2

The annual Lindon reunion will be Sunday, Sept. 2, at Natural Bridge State Park, Shelter #2. Dinner will be served at noon. All relatives and friends are invited to come, bring a covered dish, and enjoy the day.

C-8-16-3t

Vance-Manning reunion
set Sept. 28 thru Sept. 30

The Vance-Manning reunion will be September 28 through September 30, at Four Seasons Church Camp, at Mudlick. Rooms and cabins are available. For additional information call (606) 743-7449 or (606) 674-6434.

C-8-16-7t

Tennis Courts to be
re-dedicated Aug. 24

The Morgan County Board of Education invites the community to come out and support the sixth Annual West Liberty Tourism Cougar Tennis Classic, which will mark the re-opening and re-dedication of our courts to the students and youth of our county. Dedication will be at 5:00 p.m. Friday, Aug. 24, at the Kiwanis Tennis Courts in West Liberty, Ky.

C-8-16-2t

Keeton-Wolfenbarger
reunion set Sept. 1

The Keeten and Wolfenbarger reunion will be Labor Day Saturday, Sept. 1. Take Hwy. 172 out of West Liberty, about 13 miles, to Dedman Branch Road, turn at the two large, white signs, about 1/2 mile up the branch turn left at Wolfenbarger Cemetery. Bring a covered dish and come on out for a good time. We will eat at 12 noon. The horseshoe game will start after we eat. Trophies will be given. Scotty and Dwight Keeton are champions. Brian Gibbs and Tyler Keeton are runners up. Come early as you wish. Someone will be there. Any questions call Kathleen Kissinger, (606) 522-4625.

Nickell-Wilson reunion
slated Sunday, Aug. 26

The annual Nickell-Wilson reunion will be held Sunday, Aug. 26, at the home of Jim and Betty Nickell, Nick's Lane, Ford, Ky., just outside Winchester toward Boonesboro. Dinner will be served at noon. Come, bring a covered dish, soft drinks, a lawn chair and enjoy the day with family and friends.

Annual Natural Bridge
services set for Aug. 26

CountrySide Community Church has scheduled the annual Natural Bridge service on August 26. There will be no services held at the church that day. There will be no Sunday school or night worship. Morning worship services will be at Shelter #1 at Natural Bridge, beginning at 10 a.m. The morning worship service will be followed by lunch. Pastor James Hinton welcomes all to come out and enjoy.

Volunteers wanted
for State Fair booth
Aug. 16-26

Morgan County/West Liberty Tourism officials are seeking volunteers for their booth at the Kentucky State Fair Aug. 16-26, in Louisville.

The booth will promote the Morgan County Sorghum Festival and other local activities and organizations.

For more information regarding the booth, contact Eddie Granger at 743-1242.

Burks-Fannin reunion
slated Sunday, Sept. 9

The annual Burks-Fannin reunion is scheduled for Sunday, Sept. 9, a Cave Run Lake's Twin Knobs Campground at the West Group picnic area. Note the date has been changed due to this summer's weather conditions. This is an all day event for family and friends. Bring a covered dish and enjoy the day in fellowship and reminiscing with others. Also bring along any group activities or games you want to play.

C-8-23-3t

Benefit singing at Blaze
Community Ch. Sept. 1

Benefit singing at the Blaze Community Church for Sandra Carpenter on Saturday, Sept. 1, at 7 p.m. Tones of Faith will be singing. The church is located off Hwy. 519 on Hwy. 1002, then on Hwy. 3420. Pastor Vernon Lewis and congregation invite everyone.

C-8-24-2t

Eldridge reunion slated
Saturday, September 8

The Eldridge reunion will be conducted Saturday, Sept. 8, beginning at 11 a.m., at Emmanuel Family Church, at Isonville. Dinner will be served around 1 p.m. Family and friends are welcome to come, bring a covered dish, and enjoy the day. For additional information call 738-4917.

C-8-23-3t

Services at Lick Branch
Church this weekend

There will be worship services at Lick Branch Enterprise Baptist Church August 25 and 26. The business meeting will begin at 6:30 p.m. Saturday, followed by worship service at 7 p.m. Services every Sunday morning at 11 a.m. Bro. Joe O. Jenkins, pastor; Bro. Troy Kidd, assistant pastor.

Homecoming service
set at Red River Church

Red River Community Church will be having their annual Homecoming service on Sunday, Sept. 16, at 10 a.m., featuring the Fairhaven Quartet, from London, Ky. There will be a potluck dinner afterward. Pastor Charles Glover and congregation invite everyone to attend.

C-8-23-4t

Bro. Bill Webb to preach
at Bethany Ch. Aug. 26

Bro. Bill Webb, of Columbus, Ohio, will be preaching at Bethany Enterprise Baptist Church, on War Creek, on Sunday, Aug. 26. Special singing by "Just One More Soul". Services begin at 10:30 a.m.; Sunday school at 9:25 a.m. Everyone welcome by Pastor Rick Pelfrey.

C-8-23-1t

City Council meeting
slated Monday, Aug. 27

The West Liberty City Council Regular Council meeting will be held Monday, Aug. 27, 2012, at 5 p.m. in the West Liberty City Hall Council Room. All meetings are open to the public.

Kellacey

By Sandra Carpenter

Aug. 20 — Thought for the week: Be the SUNSHINE in someone else's cloudy day; be that bright and SHINING star to someone's dark night.

Sympathy to those who have lost a loved one, to the Cline family, Barker family and many more. And to the folks in the nursing homes, and all the sick and hurting.

I thank the good Lord for the beautiful weather we have been having, it's so nice out, you can feel fall in the air.

Correction on last week's news: Gary and Dixie Daniels and grandkids visited with Mason and Carolyn Montgomery, but did not spend the night.

The writer spoke with Alpha Clevenger by phone. Good to hear from you and thanks for the compliments. Please call again soon.

Visitors of the writer and Barbara Carpenter have been Harold Goodpaster, Tim Peyton, and Janie. Good to see all.

Caney Valley
News

By Tracey B. Hatton

Aug. 20--Hello again from Caney Valley. There were a lot of excited children and adults on hand to see Coach Cal as he came to West Liberty on Friday. Coach Cal along with Matt Jones had his call in radio show in which he matched donations to the recovery effort. The championship trophy was also on display. I didn't personally get to hear his encouraging words for West Liberty; however I did see the evening broadcast. He was offering encouragement to our town and our county. We, as residents of Morgan County, want to thank any and all who have come to help, who have donated financially, and who have offered up prayers for our recovery. It is difficult at times for each of us in the fact that we remember our town and county before the tornado. It is frustrating at times for all of us, because efforts take time. However, we know that our brighter day is coming. We can see even when grand openings are happening around about us, it gives us hope and strength. Things change and places change. I remember as a child and as an adult watching UK play on TV, but we turned down the sound and listened to Cawood Leford on the radio call the game. Cawood was known as the voice of the wildcats. He brought the games on the radio to life. Then I remember, Mr. Wildcat himself, the equipment manager, the late Mr. Bill Keightly. Then the coaches who have took on the reins of the head job starting with Coach Rupp, Hall, Sutton, Pitino, Smith, Gillespie, and Coach Calipari. These men have all played a part of UK Men's basketball and will be remembered either in a good way or not. Change is always present in our lives. Whether it be a town that is destroyed by a tornado or a basketball program that moves on even when coaching changes occur or when death has taken a beloved member. How we adapt to change is up to each and every one of us. Change occurs in our lives sometimes in big ways and other times in subtle but noticeable events. What we do with change is up to us.

In our own lives we need to change. We need to change our lives and give our heart over to the Lord. If we thought that we, ourselves, could live the life that we need to go to heaven, well we have already failed. The Lord knew that we were not capable of keeping ourselves from the sin of this world. The supreme sacrifice

I received a call from Jan (Smith) Davis of California one night Good to hear from her. She was asking about me being sick, and I have been having episodes of really bad pain, most likely a gallbladder or ulcer. Will have it checked out to see what's going on but I know it is very painful. Please pray for me. Jan said she went through the same thing.

Harold Goodpaster received a call from Jan (Smith) Davis,

My cousin, Donetta Cooper (Gibson), is undergoing cancer treatments and a benefit will be held in Newark, Ohio on Sept. 15, from 12-6 pm to raise monies for doctor bills and treatments. Please pray for her recovery and that God will provide for all her needs.

Lennie Montgomery accompanied Carolyn Montgomery to West Virginia one day last week to pick up some items and to visit with her Uncle Willard and Loretta Wright. They returned home the same day. While they were gone, Jocelyn Bolin spent the day with Mason.

Jeff and Lennie Montgomery and Charlie and Connie Kelly visited with Mason and Carolyn Montgomery after church services and had dinner with them.

Paula Cantrill spent Monday night with her mother, Carolyn Montgomery.

Clyde and Sally Montgomery also visited one day for a while with the Montgomerys.

To post news, call 725-4186.

was his son, Jesus Christ. Jesus Christ was the only one in this world who could take our sins and bear them on the cross of Calvary. When we accept the Lord as our saviour, there is a wooing by the Holy Spirit that our life needs a change. In John 6:44, "No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day." There is the Holy Trinity; The Father, The Son, and the Holy Spirit. Jesus made this clear in his word in the gospel of John, 16:7, "Nevertheless I tell you the truth; It is expedient for you that I go away; for if I go not away, the Comforter will not come unto you; but if I depart, I will send him unto you." Cheer up my Christian friend, there will be a new day dawning. In Philippians 4:6-7, "Be careful for nothing; but in every thing be prayers and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."

Prayer requests: Everene Havens, Margaret and H.A. Wallace, Stanley and Avanel Whisman, Jack Flannery, Patty and Cecil Griffin, Berchlene and Woodford Henry, Dorothy Elam, the family of Helen Barker, Timothy Vance, Eleanor Black, Shirley Stevens, Rhonda Ison, Francis King, Mildred Mays, and Mariah Dye. Remember our students.

Happy birthdays: Jon Sanders, Maxine Adkins, Lisa Fyffe, Jacob Hoskins, Jordan Fugate, Hayden Byrd, Owen Horner, Janea Chaney.

Happy anniversary: Neil and Marsha Ball.

We now have the full first week of school under our belts. It was a long week, but one that seem to get off to a good start. Continue to pray for our schools. We had two teachers to retire from our school (MCES). Mrs. Sheena Harper and Mrs. Gwen Lane, are now enjoying the benefits of retirement. They educated our children many years and are at the place in their lives that they can enjoy their retirement. We wish them the best and they will be missed. I will miss them in our circle of prayer. We wish them both peace, love, joy and rest.

Just a note, Dorcas Fugate's shop, The Primitive Homestead, is now located on 460 West before you get to Morgan Central Elementary School. She has a little log cabin shop and I was just recently in. It is absolutely beautiful. If you have time, go and see Dorcas and take in her new setting. It is very relaxing.

May the Lord bless and keep you on your daily journey.

CLASSIC CUCUMBER
SALAD
3 med cukes
1/4 tsp salt
1 tsp sugar
4 tbsp sour cream or mayonaise
3 tbsp chopped green onions
1 tsp lemon juice
2 tbsp vinegar
1/2 tsp dry mustard
1 tbsp minced parsley
Peel cukes and thinly slice. Spread cukes over bottom of a colander and sprinkle salt and sugar on top. Let drain for 30 minutes. Press gently excess liquid, then chill. Blend sour cream or (mayonaise) onions, lemon juice, vinegar and dry mustard together. Add salt to taste. Toss dressing with cukes. Sprinkle parsley on top and serve chilled.

YELLOW SQUASH CAKE
1 box yellow cake mix
1 (3 -1/2 ounce package vanilla instant pudding
1/4 cup oil
4 eggs
3cups yellow squash (grated)
1/2 tsp salt
1 tsp cinnamon
1/4 tsp nutmeg
1/4 tsp allspice
1 cup walnuts
Mix all ingredients together for 4 minutes. Bake in 2 loaf pans or a greased and floured angel food cake pan. Bake at 350 degree for 55 minutes or until toothpick comes out clean. Frost with your favorite frosting if desired.

STOP BY AND SEE US!
SAME LOCATION AS ALWAYS
142 PRESTONSBURG ST.



The 2011 Morgan County High School Football Cougars

Cougars take aim at Boyd County this Friday evening in season opener

By David Patrick

The wait has been long, but will soon be worth it.

Come Friday night in Ashland, Morgan County football will kick off the highly anticipated 2012 season against Boyd County.

It's a rematch of the 2011 season opener in which the Cougars blitzed Boyd, 38-0. Of course, that was then and this is now. Morgan has yet to play this time around, while the Lions shut out Shelby Valley (22-0) last week at home. Boyd hopes to ride that momentum in a big way against the visiting Cougars.

"We know Boyd's got a lot to play for and we're going to get their best effort," Morgan County coach Brian Turner said earlier this week. "Boyd is big, strong and physical up front and would love to give us a little payback for what happened last

season. It's our job to see that doesn't happen."

Although the Cougars haven't had an official game, Turner's team did handily win both pre-season scrimmages. Morgan posted seven touchdowns at Betsy Layne and another six scores last Friday against Powell County.

Defensively, Morgan was solid both contests, especially in the second exhibition. Bryce Cox and Jordan Whitt both had recovered fumbles, while Taylor Havens and Kody Thornberry tallied an interception apiece—with Thornberry's going for a 55 yard pick six.

"The interception was a typical Kody highlight reel play", Turner said of his talented junior. "He picked it off and cuts across field. He actually had one defender that was well out in front, but Kody just patiently picks his spot and somehow

makes him miss. When he does that you just watch with amazement. Kody's a special talent."

Now comes the chore of keeping that momentum going against a team better than either of Morgan's scrimmage opponents. But Turner believes his team is up for the challenge.

"You know, this is typical Boyd County, a team that's going to be physical and tough early on. Boyd's also a front-running team. If they get a couple of quick scores and gain confidence, then you've got a fight on your hands. The key is to keep Boyd off the scoreboard early and force them to play from behind. When you're on the road, that's your best hope. That's what we have to do."

If the game itself wasn't concern enough, Turner does have a couple of key injuries to deal with. Junior lineman Johnathan Crouch has been sidelined with

a possible torn ACL. Another game time decision could be senior running back Joe Holbrook, who hurt his left knee at practice on Monday. X-rays showed no damage, but as of Wednesday, Holbrook hadn't been able to run to test the knee. Doctors say he is day-to-day.

"You'd hate to go into that game without those two players," Turner said. "Joe's injury is very concerning because of the impact he has on both sides of the ball. Offensively and defensively, Joe's been getting it done. We certainly need him healthy."

The contest at Boyd will be the Cougars' only road game in the first three weeks as they return home to host Estill County (August 31) and Pendleton County (September 8).

Friday night's kickoff is slated for 7:30.

Morgan-Elliott trap team excels in Rowan match

The Morgan- Elliott 4-H Shooting Sports Club participated in the Rowan County Trap Match where the following members brought home awards:

Age 9-11 division 1 — Blake Walter, 1st place and high overall

Age 9-11 division 2 — Skyler Dickerson, 2nd place.

Age 12-14 division 2 — Justin Walter, 1st place and high overall; Devin Finch, 2nd; Kaleb Sargent, 3rd. 1st Team was comprised of Justin Walter, Devin Finch, Kaleb Sargent, James Gillum, James Middleton.

Age 15-18 division 2 — Wade Conn, 1st place and High Overall; Wade Kitchen, 2nd; Whitney Pennington, 3rd. Firstst place Team: Wade Conn, Wade Kitchen, Whitney Pennington, Marshall Jordan, and Patrick Moore.

The Coaches and Parents were very proud of the per-

formance and sportsmanship displayed during the match.

FOOD FOR THOUGHT

I read for three things; first, to know what the world has done in the last twenty-four hours, and is about to do today; second, for the knowledge that I especially want in my work; and third, for what will bring my mind into a proper mood. —H. W. Beecher

Point To Ponder

Blessed is the man who does not insist upon talking about his children when I want to talk about mine. —Roy L. Smith

Point To Ponder

Tears are the safety valve of the heart when too much pressure is laid on it. —Albert Smith

Humility

When I consider thy heavens ... what is man, that thou art mindful of him? and the son of man, that thou visitest him? — Psalm 8:3-4

Subscribe To The Licking Valley Courier

LET KENTUCKY KNOW THAT HOPE REIGNS!

Last year, we all helped with **IMPACT APPALACHIA**.

THIS YEAR, please join us on **SATURDAY, AUGUST 25TH** as we bring **HOPE & RESTORATION** to storm victims in the following Kentucky Counties:

CAMPBELL COUNTY
GRANT COUNTY
JOHNSON COUNTY
KENTON COUNTY
LAWRENCE COUNTY

MAGOFFIN COUNTY
MARTIN COUNTY
MENIFEE COUNTY
MORGAN COUNTY
WOLFE COUNTY

Projects include everything from construction & repairs to food collection & clothing giveaways -

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Lenox

By Estelle Caskey

Aug. 20--We extend our deepest sympathy to all those who have lost loved ones.

On Saturday, August 18, 2012, I was blessed to share and celebrate my 95th birthday at my home with family members, close friends, and neighbors, numbering more than 60, many of whom who had and have birthdays in August and September. Thus, our celebration was a "community birthday party". I sincerely thank and so deeply appreciate each of you for being with me on my special day. Special thanks to those who brought food; for the beautiful cards; thoughtful gifts; to my sister, Mrs. Linda Paschal; my niece, Mrs. Joyce Ferguson; my special friends, Rick Helton, John Wheeler, Mrs. Pam Helton, and Mrs. Reva Hutchinson for assisting my daughter, Louise, in preparing food tables, parking the vehicles, and in serving the birthday food. We had a great party; you all made my day; and again, many, many thanks to each and all.

I send my special happy birthday wishes (August 20) to my good friend, Mrs. Janie Collinsworth.

My great granddaughters, Mrs. Mickie Vance, husband Shawn, and daughter, Bryleigh McKenna, and Miss Erin Nichole DeHart and friend, Jake Fletcher, all of Lexington, visited with me and Louise on Saturday. My sisters, Mrs. Linda Paschal, of Shelbyville, was a Saturday night guest.

Mr. and Mrs. Donald Adkins visited on Sunday afternoon with Estelle and Louise Caskey.

Dr. Janet Ratliff, husband, Garrick, and son, Garrison Lee, of Morehead, spent Saturday night with Mrs. Joyce Ferguson and Mrs. Reva Hutchinson.

Family members and friends recently visiting with Mrs. Julia Johnson included Mr. and Mrs. Mike Johnson, Mr. and Mrs. Timothy Johnson, Mr. Dennis Johnson, Mr. Farrol Johnson, Mrs. Diane Crace, Mrs. Bernice Marie Bolin, Mr. Gary Ball, Mrs. Christine Jenkins, of Salyersville, Mrs. Josephine O'Neal, Mrs. Rose Ison, Mrs. Frankie Adkins and daughter and grandson, Amanda and Steven Chase.

We send our heartiest get well wishes to our cousins, Mrs. Margaret Hutchinson and her brother, Chiles Hutchinson, who reportedly are not feeling so well.

Friends and family members visiting on Sunday with Mrs. Maxine Adkins, of Lexington, who is a patient at St. Joseph Hospital included her sister, Mrs. Nora Ellen Lemaster, of Ashland, Ohio; Mr. Gary Ball; Mrs. Imajean McGuire, of Winchester, and Mrs. Patty Shoop and grandson, Chase Spencer, of Ohio. Reportedly, Maxine was having a good day and hopefully, she will soon be able to return home.

Mrs. Josephine O'Neal visited on Sunday afternoon with Jim and Geneva Stakelin and son, James.

Mrs. Patty Shoop, of Dayton, Ohio, and grandson, Chase Spencer, of Union, Ohio, are spending a few days visiting her aunt, Mrs. Julia Johnson.

Mr. Curtis Adkins, of Belfrey, Ky. was a recent visitor of his parents, Mr. and Mrs. Donald Adkins.

Household Hints

- To plug a hole in woodwork, make a paste with flour and the paint or stain that matches the wood and fill the hole with the mixture for a perfect match.
- White paint can be colored with a few drops of food coloring in the paint for the desired color.
- Make hard to remove cowboy boots and shoes easy to take off by spraying the inside with furniture polish.
- To prevent soap scum from building up on a shower and for easier cleaning, spray with furniture polish or furniture lemon oil.
- Use a hair dryer to defog a bathroom mirror.

Twenty-Six

By Sherry Bailey

Aug. 21 — I'd like to extend my sympathy to all who have lost loved ones recently and get-well wishes to the sick. My thoughts are especially with the Ricky Ruth family of Morehead and West Liberty, and the Lester Griffith family of Shelby, Ohio.

On Sunday, we ate supper with Keith and Alice Bailey of White Oak. Alice served a really good meal. She is a wonderful cook, and a wonderful person. I'm lucky to have her for a sister-in-law. I would tell you what all she had to eat, but it would just make you too hungry What a treat to see Brandon

and his family there and to get to hear his testimony, up front and personal. It was awesome! He got home from Cardinal Hill last Thursday, August 16th. He had been an inpatient at UK and/or Cardinal Hill since an accident on June 24, 2012. It was a long road home. I will have to give his wife, Randa, credit for sticking by him. She would barely leave his side for anything!

I've received quite a few calls pertaining to my article in last week's paper about my little sister, Lora, that I helped raise. It seems it brought back memories to a lot of people who had similar experiences. Here I thought I was the only one. I guess it was not uncommon for the older children to watch and take care of the younger children.

Alpha, thank you for your nice message on my answering machine. I will TRY to call you back when I get a chance. I've been busy canning tomatoes. If you don't hear from me within a week, feel free to call me back if you want to chat. You don't want to trust MY memory too far! I will call you back IF I remember.

In case I don't get a chance to write any news next week, I'd like to say [EARLY] happy anniversary to James and Della Harper who will celebrate their 44th wedding anniversary on August 31st. We attend Pekin Pentecostal Church with them, a very nice couple.

Also, please pray for James' brother, Bert Harper, who is in the West Liberty Nursing and Rehab Facility.

Continue to pray for my first cousin, Johnnie Ray Smith. He has 3 more chemo treatments scheduled. The one he had last Friday made him really sick.

Here's a quote passed down from my grandmother, Ninnie Mays Smith, to my Mother, Deloris Smith, and from Mother to me:

"What's in your heart, let no one know,

Or to your friends — your secrets strew;

For when your friends — become your foes,

Then, all the world — your secrets know."

I know I've written this quote in the paper before, but it is worthy of repeating. Also, there may be someone reading this today, who didn't read it before.

Until next time, God bless you and yours!

If you have anything you want included in the Twenty-Six news, please phone me at 606-725-5200 or e-mail me at sbailey@mrte.com. If you e-mail me, write "Twenty-six" in the subject line.

Williamses attend wedding in Italy

Darrell Williams (Lacy Creek) and Evelyn (Gose) Williams (Woodsbend), of Riverside, Ohio recently attended the wedding of their niece, Charlotte Gose Berlin, daughter of the late Henry Curtis Gose, to Mr. Luca Angeli, of Chicago, Illinois on July 8, 2012, in Pavone, Italy. The wedding ceremony and dinner reception for 150 invited guests was held in the historic Castella di Pavone, a castle built in 859 A.D., located north of Turin, Italy. Darrell walked Charlotte down the aisle in a beautiful ceremony held outdoors in the garden of the Castle. The bride and groom treated the entire family to overnight accommodations at the castle.

Darrell and Evelyn's entire family traveled to Italy to attend the wedding: Mike, Lori, Erica and Chris Brooke, of San Diego, California, and David, Karen, Justley and Morgan Williams, of Beavercreek, Ohio. Nieces Donna Harris, of Potomac, Maryland and Jack, Sharon and Kristi Fowler, of Del Ray Beach, Florida children of the late Phyllis and Jean Gose Collins were also in attendance.

The day after the wedding, Darrell and Evelyn and their family spent a day in the Italian Alps, riding a cable car up Mont Blanc. Traveling by high speed train, the group traveled to Florence, taking time out for a private guided tour of historic small towns of Pienza and Montalcino in Tuscany.

From Florence, the group again traveled by high speed train to Venice, Italy. There the group spent two days seeing the many sights of Venice, capping the trip with a gondola ride down the Grand Canal on the final night of their trip.

Charlotte and Luca did not have a bridal registry and have requested donations be made to the Woodsbend Community Church for tornado relief in memory of her grandparents, Ruth and Lona Gose.

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Schools prepare to follow new federal lunch rules

Meanwhile, fresh versus canned fruit vegetables debated in Congress

Aug. 10 — As students and teachers return to school, food-service directors are working to implement the new federal school lunch regulations that take effect Oct. 1.

Meanwhile, another school food program is up for debate. Congress is deciding whether frozen, canned and dried produce should be included in the Fresh Fruit and Vegetable Program. House Republicans say yes, to save money and make a wider range of options available year round. But the Senate is pushing to keep the program limited to fresh fruit and vegetables only. The argument — or food fight, as Dina ElBoghdady of The Washington Post calls it — has trade and other groups weighing in.

"If the goal is to expand and

improve upon childhood nutrition, it doesn't make sense to limit the kinds of fruit and vegetables that schools serve," said Corey Henry, a spokesman for the American Frozen Food Institute. "Let the schools decide."

But Sandi Kaur, acting director of nutrition services at the California Department of Education, disagrees, saying "it's the fresh that makes this program unique."

The program allows schools to distribute fresh fruit and vegetables as snacks to student and has "raised consumption in participating schools by a quarter-cup per day, or 15 percent," ElBoghdady reports. "The increase did not contribute to weight gain, suggesting that the fruit and vegetables replaced other foods." Last year, USDA spent \$150 million to pay for the snacks for 3 million children.

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Support Your Local Community.

ARH Renews Commitment To Community

By Miranda M. Cantrell
Morgan County ARH officials recently hosted a dedication ceremony to mark the completion of building renovations in the aftermath of the March 2 tornado.

Community CEO Steve Gavalchik said the hospital sustained severe roof, heating and cooling, window and cosmetic damage in the storm, which also destroyed many homes near the facility.

"The hospital was renovated a section at a time," Gavalchik said. "We believe the building is better than before now that the repairs are finished."

Those repairs include renovated rooms for hospital patients, who were transported to St. Claire Regional Medical Center and other nearby medical facilities immediately after the tornado.

Gavalchik — who was in the hospital when the tornado hit — said that the building became a refuge for several citizens in the storm's immediate aftermath.

"I was standing near the elevator on the second floor," Gavalchik said. "The patients had been moved to the designated safe area in the sleep lab, but several people came to the hospital to take shelter right after the storm. Our emergency department treated those who were injured, even though it had to be temporarily relocated. It was miraculous no one was seriously hurt."

The administrator noted that several employees were at the hospital during the tornado, which left some of them unable to return to work for a brief time period due to storm damage.

"As bad as the situation was, I felt honored and blessed to see very best come out in our employees during this crisis," Gavalchik said.

ARH Chain President and CEO Jerry Haynes reflected on his decision to preserve Morgan County ARH.

"There was never any doubt that we would rebuild," Haynes said. "It was important to us and to the community to proceed quickly and make the Morgan County facility operational again. We take our role in this community very seriously."

Chamber of Commerce President Hank Allen commended hospital officials' for their resilience and dedication.

"This is another success for our community," Allen said. "Congratulations to Steve and the entire hospital staff. ARH is one of our major economic engines. The chamber of commerce applauds Jerry Haynes and the ARH board of directors for their continued commitment to our community."

Gavalchik said that Morgan County ARH officials look forward to helping the ravaged community re-establish normalcy as it rebuilds.

"I am confident that Morgan County and West Liberty will rebuild," Gavalchik said. "The hard work and community spirit I see throughout the area is amazing. The town will be different, but I believe it will be even better than before."

For more information about Morgan County ARH renovations and services, call 606-743-3186.



This page is not available.

Racing results for Aug. 18 event at 191 Speedway

The following is a complete listing of racing results for the Aug. 18 event at 191 Speedway in Hazel Green:

- Late Model**
 - #38 Derek Fisher
 - #13 Jamie Ferguson
 - #81 Brandon Fouts
 - #44 Roger Stacy
 - #21 Al Kieman
 - #11 Nicky Pennington
 - #23 Tommy Riggs
 - #32 John Mulkey
 - #22 David Hill
 - #15 Matthew Hollins
 - #28M Martin Roe
 - #56 Chris Sweeney
 - #L13 Henry Lawson
 - #14 Tony Stone
 - #11P Dustin Pennington
- Open Wheel Modified**
 - #S4 Keith “Jabber” Gray (2012 Open Wheel Points Champion)
 - #46 Dennis Deboard
 - #43K Kevin Hall
 - #10 Aaron Branham
 - #20 Justin Jacobs
 - #9 Brandon Flannery
 - #11XX Jeremy Crisp
 - #11 Scott LeMaster
 - #17S Brian Salisbury
 - #17C Lee Colwell
 - #28 Josh Stumbo
 - #A17 Allen Salisbury
 - #10C Charlie Taylor
 - #00 Kevin Harkins
 - #C62 Joey Crose
 - #31 Shane Ellis
- Bomber**
 - #27 Jamie Adams
 - #460 Robby Perkins
 - #4 Reggie Ritchie
 - #11 Brandon Banks
 - #00 Robert Ellis
 - #007 Randall Stamper
 - #71 Bryson Patton
 - #31 Tim Maggard
 - #29 Jason Rogers

- #R17 Don Risner
 - #8 Michael Roberts
 - #15 Samuel Noble
 - #55 Aaron Banks
 - #37H Greg Hensley
 - #17 Bill Morgan (DNS)
- Modified 4-Cylinder**
 - #53 James Rice
 - #5 Deanna Noble
 - #C17 Wes Bailey
 - #102 Jonathon Couch
 - #13 Lincoln Hatton
 - #7 Tyler Childers
 - #28JR Blake Roe
 - #47 Bobby Joe Sparks
- Stock 4-Cylinder Feature #1**
 - #7K Kinsey Patton
 - #3N Nathan Martin
 - #26T Tyler Miller
 - #18 Brian Ferguson
 - #T45 Tommy Cox
 - #36 Zeke Brooks
 - #52 Eric Little
 - #191 Alicia Little
 - #46 Brandon Henson
 - #Z28 Logan Burke (DNS)
- Stock 4-Cylinder Feature #2**
 - #3T Gary Turner
 - #01 Leon Hurt
 - #04 Tayler Hayes
 - #42 Cody Smallwood
 - #34H Billy Taulbee
 - #W27 Linda Workman
 - #53 Taylor Neace
 - #28 Raymond Shoemaker
 - #33 Travis Cox
 - #13T Tyler Lawson
 - #2X Brogan Maynard
 - #7 Jared Robinson
 - #3 Kenny Barnett
 - #411 Brandon Ratliff
 - #93 Robbie Ferrell (DNS)
 - #9X Steve Lewis (DNS)
- For more information about 191 Speedway, 7991 KY-191, Campton, “like” the venue’s Facebook page or call 606-662-9191. See you at the races!*

Ag grants offered; County info meetings today, Sat.

Projects eligible for 50-50 cost share listed; to cover lime but not fertilizer

The 2012 County Agricultural Investment Program (CAIP) is being offered once again for farmers. Available is \$182,198 for the various categories approved under the grant. The grants are on a 50/50 match and are administered by the Morgan County Fiscal Court and the Morgan County Agricultural Development Board and facilitated by the Morgan County Cooperative Extension Service. Ag Extension Agent Sarah Fannin will be hosting an informational meeting to discuss the requirements of the program today, Thursday, August 16, at 6:30 p.m. at the Blackwater Fire Department in Ezel. The meeting will also be repeated Saturday, August 18, at 8:30 a.m. in the Conference Room of the Old Rifle Coal Building. In order to be eligible for these grants, producers must submit a valid Farm Serial Number and a copy of 2011 Schedule F form filed with last year’s taxes as proof of farming activity. Guidelines for the categories can be found on the web at <http://agpolicy.ky.gov/>

Bridge work on Pkwy. in Wolfe to last a month

JACKSON, Ky. – A bridge repair project that began Monday, Aug. 20, on the Bert T. Combs Mountain Parkway in Wolfe County will result in one-lane traffic and delays for motorists using this main Eastern Kentucky highway artery. Temporary signals will control traffic at the Mountain Parkway’s span crossing Ky 191 at Exit 46, just east of the end of the new four-lane section outside Campton. These temporary signals will be in place for approximately four weeks as work on a bridge deck overlay

funds/caip.shtml Applications are available at the Extension Service, County Judge’s Office and farm stores. They must be postmarked returned by August 27 – no hand delivered copies will be accepted. Categories to be offered include:

- Agricultural Diversification
- Cattle Genetics Improvement
- Cattle Handling
- Commercial Poultry, Dairy, & Swine
- Farm Fencing Improvement
- Farm Structure & Commodity Handling
- Farmland Improvement & Utilization
- Goat & Sheep Diversification
- On-farm Energy Efficiency & Production
- On-farm Water Enhancement
- Technology & Leadership Development

 One change from last year’s program is that lime costs will be eligible, but fertilizer will not. For more information, contact the Morgan County Extension Service at 743-3292 or sfannin@uky.edu.

project proceeds. During the work, the route will be restricted to vehicles less than 13 feet wide. Vehicles wider than 13 feet will need to find an alternate route around the project. Overwidth vehicles can use Ky. 191 and Ky. 15 through Campton, between exits 43 and 46, as a detour route. Drivers should slow down as they approach this construction zone, watch for stopped traffic and obey the temporary traffic signal. Motorists are asked to “Drive Smart” in this and all other work zones and be aware of workers, traffic control devices and construction equipment when traveling in this and other areas where projects are ongoing.

KENTUCKY FRONTIER GAS, LLC NOTICE TO CUSTOMERS GAS RATE ADJUSTMENT NON-RECURRING FEE CHANGES TARIFF CHANGES

Pursuant to the regulations of the Public Service Commission (Commission), Kentucky Frontier Gas, LLC gives notice that it intends to adopt an increase in its natural gas rates. The rates are proposed to become effective September 15, 2012, or when approved by the Commission. The rates proposed will consolidate the existing rates of Auxier Road Gas Company, BTU Gas Company, Belfry Gas Company, Cow Creek Gas Company, Cow Creek/Sigma, Dema Gas Company, East Kentucky Utilities, People’s Gas, city of Blaine and Mike Little Gas Company into Kentucky Frontier Gas. Farm tap charges and tariffs will also be consolidated into one tariff of Kentucky Frontier Gas, LLC. The affected farm tap companies are: Alert, Hueysville, KLC Enterprises, Quality Gas and Interstate Gas. Farm tap rates are not being adjusted in this case. One rate schedule and tariff will apply to all customers, who will become customers of Kentucky Frontier Gas, LLC. The average monthly customer bill will change depending on the current company rate being charged. The average change in the monthly bill and the percentage change in the monthly bill are listed in the rate schedule below. Changes to current fees (non-recurring charges) are also being proposed for distribution and farm tap customers. Those changes are listed in the schedule below. A Pipeline Replacement Program (PRP) recovery fee and mechanism and an Automated Meter Reading Recovery (AMR) surcharge are proposed. A new monthly customer charge is proposed. A new Large Commercial rate and customer charge is proposed. Changes in existing tariffs to consolidate and make uniform all service regulations are also being proposed. Those tariff changes can be reviewed in the application at the addresses listed below.

Further information may be obtained from the Commission or Kentucky Frontier Gas, LLC. The rates contained in this notice are the rates proposed by Kentucky Frontier Gas, LLC. However, the Public Service Commission may order rates to be charged that differ from these proposed rates. Such action may result in rates for consumers other than the rates in this notice. Such action by the Commission may result in the rates being higher or lower than those proposed by Kentucky Frontier Gas, LLC.

Any corporation, association, body politic or person may by timely motion, within 30 days of this Notice, request intervention in this case. Intervention beyond the 30 day period may be granted for good cause shown. The Motion must be submitted to the Public Service Commission, 211 Sower Blvd., Box 615, Frankfort, Ky. 40602 and should state the grounds for the request, including the interest and status of the party. Intervenors may obtain copies of the Application and any testimony filed by contacting Kentucky Frontier Gas, LLC at the address below. A copy of the Application is available for public review at the office of Kentucky Frontier Gas, LLC and at the Public Service Commission, 211 Sower Blvd., Frankfort, Ky. 40601, (502) 564-3940.

Larry Rich
 Kentucky Frontier Gas, LLC
 P. O. Box 408
 Prestonsburg , KY 41653
 Phone
 (606) 886-2431

CURRENT RATES: minimum bill

Auxier Road	\$6.36 1 st mcf
Belfry Gas	\$4.27 1 st mcf
Blaine	\$14.181 st mcf
BTU Gas	\$3.90 1 st mcf
Cow Creek/Sigma	\$6.25 1 st mcf
Cow Creek	\$3.18 1 st mcf
Dema Gas	\$7.47 1 st mcf
East KY Utilities	\$10.001 st mcf
Mike Little Gas	\$5.50 1 st mcf
People’s Gas	\$4.40 1 st mcf

Proposed Rate: \$10.00 Customer Charge, plus \$4.18 per mcf per month

PROPOSED RATES/Average monthly bill comparison/%change

Company:

	Now \$/Yr	Now \$/Mo	+\$/mo
	Prop \$/Yr	Prop \$/Mo	% increase
	\$10.00	Mo Chrg	
	\$4.18 per MCF	\$5.25 gas cost mcf	
Auxier	\$634.42	\$52.87	\$4.28
	\$685.80	\$57.15	8.1%
Belfry	\$496.80	\$41.40	\$15.75
	\$685.80	\$57.15	38.0%
Blaine	\$675.00	\$56.25	\$0.90
	\$685.80	\$57.15	1.6%
BTU	\$504.36	\$42.03	\$15.12
	\$685.80	\$57.15	36.0%
Cow Creek/Sigma	\$608.40	\$50.70	\$6.45
	\$685.80	\$57.15	12.7%
Cow Creek	\$505.62	\$42.14	\$15.02
	\$685.80	\$57.15	35.6%

Don't Forget
 To Renew
 Your Subscription!

Dema	\$705.30	\$58.78	\$(1.63)
	\$685.80	\$57.15	-2.8%
East KY utilities	\$687.48	\$57.29	\$(0.14)
	\$685.80	\$57.15	-0.2%
Mike Little	\$588.84	\$49.07	\$8.08
	\$685.80	\$57.15	16.5%
Peoples	\$500.76	\$41.73	\$15.42
	\$685.80	\$57.15	37.0%

Large Commercial: \$3.35 per mcf New rate classification

Proposed Customer charge: \$10.00 per month per residential customer New charge
\$ 50.00 per customer Large Commercial New charge

Proposed Pipeline Replacement fee: \$1.50 per month per customer New charge
Proposed AMR surcharge: \$1.00 per month per customer New charge

Non-Recurring Fees: Current Rates

Auxier: Reconnection charge: \$100.00; transfer of service charge: \$20.00; service charge – late payment: \$25.00; returned check fee: \$15.00; Mobile trailer connection fee: \$75.00.

Belfry: Reconnection charge: \$50.00; reconnection fee – re-establishment of service: \$35.00; transfer of service charge: \$25.00; trip charge – late payment: \$15.00; late payment charge 10%; returned check fee: \$25.00; transfer charge: \$20.00; Connection charge: \$35.00; meter relocation fee: \$35.00.

BTU: Reconnection charge: \$25.00; transfer of service charge: \$20.00; service charge – late payment: \$25.00; returned check fee: \$20.00; tap fee: actual cost.

Cow Creek: Reconnection charge: \$65.00; transfer of service charge: \$20.00; service charge – late payment: 15%; returned check fee: \$10.00; Collection charge: \$25.00; temporary service charge: \$65.00.

Dema: Reconnection charge: \$50.00; reconnection fee – re-establishment of service: \$25.00; transfer of service charge: \$25.00; service charge – late payment: \$15.00; returned check fee: \$20.00; Mobile trailer connection fee: \$75.00.

East KY Utilities: Reconnection charge: \$50.00; reconnection fee – re-establishment of service: \$35.00; transfer of service charge: \$25.00; trip charge – late payment: \$25.00; late payment charge 10%; returned check fee: \$20.00; transfer charge: \$25.00; Connection charge: \$75.00.

Mike Little: Reconnection charge: \$50.00; late payment charge: 10%; returned check fee: \$12.50; trip charge: \$35.00; Connection charge: \$65.00

People's Gas: Late Payment fee: 10%; Reconnect fee: \$45.00; Connect fee: \$45.00; Service fee: \$15.00.

Alert, Hueysville, KLC Enterprises, Interstate Gas, Quality Gas: New service tap: \$150.00; Reconnection charge: \$50.00; reconnection charge – late payment: \$40.00; late payment charge: 10%; returned check fee: \$25.00; trip charge: \$15.00.

PROPOSED CONSOLIDATED NON-RECURRING FEES – ALL CUSTOMERS

Turn on fee	\$100.00 to initiate service at a location for seasonal/temporary turn on.
Reconnection Fee	\$100.00 to restore service within 12 months of disconnection/termination for non-payment;
Relocate meter	\$35.00 hr. plus costs – move meter at customer request.
Transfer Service Fee	\$30.00 to change tenants (change to new customer).
Returned Check Charge	\$30.00 for a check returned for insufficient funds, plus any fees assessed by the bank.
Late Payment Charge	12% of the current monthly charges.
Service (trip) Charge	\$100.00 for any special trip made to collect delinquent bills/terminate service.
Farm Tap Fee	\$200 to initiate a farm tap off a high-pressure pipeline.
Special meter reading charge	\$100.00 for reread
Meter test fee	\$35.00/hr. plus costs
Deposit	2/12ths annual average residential bill

C-8-16-3T

How to solve Asian carp prolem: catch 'em make 'em into hot dogs

Asian carp, large and voracious fish that are making their way up the Mississippi River system toward the Great Lakes, where they could ruin the fishery, have long vexed those who want to find ways to keep the population in check. Ash-har Quraishi reports for PBS NewsHour that scientists think it's time to call in those who have been hankering for years to help: the area's commercial fishermen.

Vic Santucci, the Asian carp specialist for the Illinois Department of Natural Resources, said that while "the ultimate goal is to fish down the populations to prevent ecological damage, there have to be enough Asian carp left to make the business lucrative for commercial fishermen." The important thing, notes Quarishi, is reducing the population to reduce pressure on young carp to get through the electric barrier in the Chicago Sanitary and Ship Canal, the Army Corps of Engineers' last line of defense.

Philip Willink, a senior research biologist at the John G. Shedd Aquarium in Chicago, said the consensus among scientists is that the barrier works really well but is probably not perfect. That's why you need the fishermen. So far, 10 commercial fishermen have been allowed to fish these backwaters accompanied by state biologists. But big fish don't always translate into big money. Willink explained, "One of the problems with getting people interested in eating Asian carp is they happen to have a lot of bones in some strange places, so they're really hard to filet." Also, carp are not popular in the U.S. but are a staple in most

other nations.

Shafer Fisheries in Thompson, Ill., a company that has been looking for ways to process and market the carp to U.S. and foreign markets stepped up offered its already percolating ideas such as carp salami, bologna, jerky and, yes, hot dogs. So sure is Schafer of its enterprise that they launched a proposal

LETS BE FRIENDS

On Sunday when church bells are ringing so clear and the people are gathered in church everywhere, if to one church we never can all go together, Let's have love for each other and be friends. So often my heart has been burdened when I see so much envy and hate and we know how that God is so willing to make us all as one thru His grace. The let us not find fault with each other, for judging and fighting won't win. If we can't see alike let us walk

two years ago for a processing plant expansion at Wickliffe, Ky., where the Ohio River enters the Mississippi. The plant would use its waste products to make organic farm fertilizer. Tax credits to build the plant received preliminary approval from the Kentucky Economic Development Finance Authority in June.

—Ky. Institute for Rural Journalism

in Heaven's light and love for each other and be friends. Thru the past years of my life met a lot of fine people, saw a lot of hate and strife, then I think of how good God loves us, to prepare us such a heavenly place made one way for us all to travel for every creed and for every race. So let us look up and be thankful for the ransom God gave for our sins and if we all can't go to one church together. Let's love each other and be friends.

(Submitted by Alpha Clevenger)



RELAY FOR LIFE
American Cancer Society

Morgan County Relay for Life Luminaria Ceremony
AUGUST 24, 2012 • OLD MILL PARK

Due to weather conditions our relay for life came to an early end and we were unable to have our Luminaria ceremony. The ceremony is to be held on August 24, 2012 following the Conley Family Fish Fry at Old Mill Park. So come on out and enjoy a meal to be followed with a moment of reflection in honor and in memory of those who have battled cancer. If you have someone in mind that you would like to light a candle for but have not purchased a luminary you may do so during the fish fry prior to the lighting ceremony.

Legitimate patients have trouble getting pain meds

‘Pill mill bill’ cause of the problem, some doctors say

With lawmakers set to re-view the regulations of the “pill mill bill” doctors are saying some legitimate patients are having trouble getting access to prescription drugs as a result of the legislation.

The law is aimed at cracking down on illegal pain-management clinics and curbing prescription-drug abuse. It requires physicians to use the state's prescription-drug monitoring system, KASPER, before prescribing certain drugs.

But some doctors worry they may face criminal charges or penalties for prescribing the drugs or making clerical errors, reports Scott Wartman for the Kentucky Enquirer, an edition of The Cincinnati Enquirer. As a result, “There are already doctors saying no more prescriptions on green prescription pads,” said Dr. Gregory Hood, a Lexington internist and governor for the Kentucky chapter of the American College of Physicians. The legislation also “adds layers of more work they or their staffs already have to do,” said Dr. Elmer Martin, a Covington pediatrician who is the medical director of HealthPoint Family Care.

But state officials say the only criminal penalties in the bill would result only “from someone operating a pain clinic without a doctor's license and for intentional failure to input data into the state's prescription drug tracking system,” Wartman reports. Since July 20, the number of KASPER reports requested by doctors has grown to 20,000 per day from 3,000. The reports show a patient's prescription history to indicate “doctor shopping.”

The number of drugs prescribed has increased exponentially in Kentucky. “Last year there was enough doses of hydrocodone prescribed “to treat every man, woman and child in the state with 50 doses,” said Van Ingram, executive director of the Kentucky Office of Drug Control Policy. Still, even physicians who supported the bill, like Dr. Robert Klickovich, say it needs to be tweaked. “Specialists may not be present in rural communities and if primary care physicians fear prescribing, even though in the appropriate case, for fear of a punitive action, they may hesitate to treat a patient,” he told Wartman.

Anti-pill-mill law makes some Ky. doctors stop writing prescriptions

Fighting prescription drug abuse, which has become epidemic in Appalachia and many other rural areas, isn't a simple matter of passing a law.

Kentucky, one of the most over-medicated states, is learning that as some doctors are putting up their prescription pads, or threatening to stop prescribing, because they find a new law aimed at “pill mills” to be confusing and overreaching, reports Mike Wynn of The Courier-Journal in Louisville.

“Patients who have never been a problem are bound up in all of this,” Greg Hood, Kentucky chapter governor of the American College of Physicians, told Wynn. “There are so many unintended consequences.”

Hood's group and the Kentucky Medical Association are trying to determine how many clinics are declining to write prescriptions, but neither is advocating that approach.

According to state offices of the Drug Enforcement Administration, only three in-state doctors have voluntarily surrendered their DEA registration — required for prescribing controlled substances — in recent weeks for reasons related to the new law.

CLASSIFIED ADS

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AVAILABLE NOW — One bedroom apartments available in our disabled section of Campton 2. Fully carpeted, electric heat and air, with laundry facilities onsite. Quite atmosphere and maintenance free. Rent based on income. You may call the business manager during regular business hours, from 9:00 am to 4:00 pm, at 668-3555 or TDD 1-800-648-6056 for more information. An Equal Housing Opportunity. TF

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DIESEL MECHANIC WANTED — The Wells Group, LLC, is looking for diesel mechanics with experience in all aspects of working on trucks with manual transmissions, hydraulic systems, air brake systems, and electronics. Any professional certifications and personal tools would be advantageous. Anyone interested can complete an application at the corporate office at 611 West Main Street, West Liberty, Ky. 41472 2t

FOR SALE — 40 acre farm, Isonville, 1 mile south of Hwy. 32 on Route 706, locally known as Rich Lewis farm. Call 606-738-6580. 1t

SOCIAL SECURITY DISABILITY FREE EVALUATIONS — We specialize in Disability Services and offer friendly and trustworthy help. Call before or after you file. Toll free 1-877-859-0246. 2t

FOR SALE — Kawasaki Lakota 300 ATV. Cheap. For more information call 743-4979 or 606-356-4110. TF

HAPPY JACK MANGE MEDICINE — Promotes healing and hair growth to any mange, hot spot, or fungus on dogs and horses without steroids! J. A. Oldfield & Son, 606-743-4116. 3t

MOBILE HOMES — New housing program now available!! Your land or family land. \$0 down and turn key housing available with land improvement packages. Call Andy, 866-597-2083. 3t

MOBILE HOMES — Bank foreclosures with and without land. Some are move-in ready. 866-597-2083. 3t

HOUSE CLEANING SERVICES — Provided with excellent references. Honest, quality work at reasonable rates. Call 495-7648 2t

FOR SALE — 1904 Mustang, low mileage, excellent condition, asking \$19,000. Call 668-6480. 1t

2 BEDROOM MOBILE HOME — 1 bath, In Elliott County 6 miles from prison. \$450 month, \$450 deposit, 606-738-2575. 1t

WILTON BANDING MACHINE — Make offer. 606-738-4366. 3t

AIR COMPRESSORS — \$10.00 AND UP. 606-738-4366. 3t

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KUBOTA TRACTOR — L2250, 529 hours, \$8,500. Call 606-738-4366. 3t

WINCHES — All sizes. 606-738-4366. 3t

4 FT. BUSH HOG — \$350. Call 606-738-4366. 3t

20 TON WOOD SPLITTER — \$750. Call 606-738-4366. 3t

WORK WANTED — Will care for elderly, CNA certified, good references and dependable. Call 738-5963. 1t

FOR RENT — Two bedroom mobile home, Rt. 7, city water. \$350 month. Call 743-1774. 2t

SEPTIC SYSTEMS — If you need certified septic system installed/ repaired, call Ray, 743-3596 or 606-362-8932. 4t

FOR SALE — New housing program now available!! Your land or family owned \$0 down and turn key housing available with land improvement packages. CALL 866-597-20839. 4t

HOUSE FOR RENT — 2 bedroom, large yard, carpet NO PETS, deposit and references required Located at Rogers, Call 606-464-2911. 1t

FOR RENT — 3 bedroom mobile home, rent includes water and electricity. \$600 per mo. Call Dave at 606-362-8593. 3t

LEGALS

NOTICE OF SALE

Commercial Bank will offer for sale at public auction the following: 2009 Chevrolet Silverado 1500 Truck VIN # 1GCEK29029Z180234. TF

The sale will be conducted in the lobby of Commercial Bank, Main Street, West Liberty, Kentucky on Saturday, September 1, 2012 beginning at 10:00 a.m. The automobile may be inspected by prospective purchasers between the hours of 8:00 a.m. to 4:00 p.m. any day between now and the date of the sale by contacting Paul D. Kidd. TF

The automobile will be sold as is and the terms will be cash. The seller reserves the right to bid and to reject any and all bids. Paul D. Kidd Vice President Commercial Bank C-8-16-3t (Pub. Aug. 16, 23, 30)

NOTICE OF SALE

Commercial Bank will offer for sale at public auction the following: 1996 Massey Ferguson Tractor #245 with Bush Hog. 1t

The sale will be conducted in the lobby of Commercial Bank, Main Street, West Liberty, Kentucky on Saturday September 1, 2012 beginning at 10:00 a.m. The automobile may be inspected by prospective purchasers between the hours of 8:00 a.m. to 4:00 p.m. any day between now and the date of the sale by contacting Stanley Franklin. 2t

The automobile will be sold as is and the terms will be cash. The seller reserves the right to bid and to reject any and all bids. Stanley Franklin Vice President Commercial Bank C-8-16-3t (Pub. Aug. 16, 23, 30)

PROBATE NOTICE

Notice is hereby given on this 14 day of August 2012 that Debbie Skaggs has been appointed the Executrix of Mary Evelyn Spratt Estate. Anyone indebted to said Estate should pay the undersigned immediately. Anyone having a claim of any nature against said Estate should file the same, properly verified, with the undersigned no later than six (6) months from the date of publication. 3t

Debbie Skaggs 8411 Hwy. 172 West Liberty, Ky. 41472 Chris Frederick 251 Malone Road West Liberty, Ky. 41472 C-8-23-1t

BID NOTICE

The Morgan County Board of Education is accepting sealed bids for four (4) surplus school buses. 3t

Bus: Year: #5, 1992 International #55, 1997 International #56, 1997 International #631, 2008 IC (Totaled in tornado, engine and transmission in great working condition). 3t

Bids will be accepted until 1:00 p.m. Thursday, September 6, 2012. The bids will be reviewed and awarded at the next regular or special called board meeting of the Morgan County Board of Education. Bids are to be placed in a sealed envelope and labeled surplus bus bid. The bids may be hand delivered to the Morgan County High School or mailed to: Morgan County High School, 150 Road To Success, West Liberty, KY 41472, Attn. Keith Holbrook. The bus is being sold as is 2t

and may be inspected by calling Jeff Johnson at 743-8402 or Keith Holbrook at 743-8082. 4t

The Morgan County Board of Education reserves the right to reject any and all bids. C-8-23-2t (Pub. Aug. 23, 30)

PROBATE NOTICE

Notice is hereby given on this 7 day of August 2012 that Loretta Terrell has been appointed the Executrix of Orpheus Ray Terrell Estate. Anyone indebted to said Estate should pay the undersigned immediately. Anyone having a claim of any nature against said Estate should file the same, properly verified, with the undersigned no later than six (6) months from the date of publication. 3t

Loretta Terrell 5138 Hwy. 205 Grassy Creek, Ky. 41352 Chris Frederick 251 Malone Rd. West Liberty, Ky. 41472 C-8-23-1t

LEGAL NOTICE

In accordance with Chapter 65 and 424 of the Kentucky Revised Statutes the financial information and supporting data for the Morgan County Public Library Taxing District may be inspected by the general public at 151 University Drive, West Liberty, Ky. 41472 between the hours of 9:00 a.m. and 5:00 p.m. Monday through Friday. TF

Director: Michael Griffiths, 1745 Highway 1162, West Liberty, Ky. 41472

Board Members: Hershell Williams, P.O. Box 323, West Liberty, Ky. 41472 Carole Price, 7815 Highway 460E, West Liberty, Ky. 41472 Brenda Finch, 688 Highway 134, Hazel Green, Ky. 41332 Mary Kay Motley, P.O. Box 7, Ezel, Ky. 41425 Carolyn Gullett, P.O. Box 94, West Liberty, Ky. 41472 C-8-23-1t

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Home ownership in rural areas higher than natl. average

July 27 — Amid all the talk about home ownership being harder and harder to obtain — and it is — reporter Lance George has uncovered some revealing statistics about who has done the best job of settling in and paying on a mortgage, and of paying it off. George, writing in the Daily Yonder, cites census and federal housing data showing that in 2010, 65.1 percent of U.S. homes were occupied by their owners. In rural communities, the number was 71.6 percent. C-W-E-8-23-2T

Home ownership, the reporter notes, varies across demographic groups, and among regions within rural and small-town America. It is highest in the Midwest, at 74 percent, and lowest in the West, at 68 percent. "Delaware has the highest rural and small-town homeownership rate, at 77.8 percent, followed closely by Minnesota and Michigan, at 77 percent."

The biggest rural-urban disparity in the data was free and clear ownership. "Nearly 42 percent of homeowners in rural and small town America own their homes free and clear of mortgage debt, compared to roughly 27 percent of suburban and urban homeowners with no mortgage," George reports, offering possible reasons: a large number of manufactured homes with shorter loan terms and an older demographic; mortgage debt declines with age. —Ky. Institute for Rural Journalism

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LPN needed for Eastern KY Correctional Complex in West Liberty to work 4pm - 12am. Primary duties to include medication administration, assessment and response to emergencies. Forward resume to CorrectCare - Integrated Health at HR@correctcare.com or fax 859-685-0901. EEO. C-W-E-8-23-2T

Employment Opportunity

Seeking an experienced accountant/bookkeeper-banking experience and a working knowledge of bank financial reports is a plus. Computer skills required. Full time, salaried position with an established company. Benefits include health, dental and life insurance, retirement, vacation and holiday pay. Qualified applicants may submit resumes to Applicants, P.O. Box 76, Morehead, KY 40351. C-8-23-3T

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Expendables 2 R • 103 Mins

1:00, 4:00, 7:10, 9:50

Hit and Run

R • 100 Mins

1:20, 4:15, 7:35, 9:55

Paranorman

PG • 92 Mins

1:30, 7:30

Paranorman 3D

PG • 92 Mins

4:35, 10:00

Premium Rush

PG 13 • 91 Mins

1:40, 4:25, 7:15, 9:50

The Bourne Legacy

PG 13 • 135 Mins

1:10, 4:05, 7:00, 9:55

The Campaign

R • 85 Mins

1:35, 4:45, 7:20, 10:00 C-8-23-1T

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C-7-28-1T

Einstein's Chauffeur

This is a true life anecdote about Albert Einstein, and his theory of relativity.

After having propounded his famous theory, Albert Einstein would tour the various Universities in the United States, delivering lectures wherever he went. He was always accompanied by his faithful chauffeur, Harry, who would attend each of these lectures while seated in the back row! One fine day, after Einstein had finished a lecture and was coming out of the auditorium into his vehicle, Harry addresses him and says, "Professor Einstein, I've heard your lecture on Relativity so many times, that if I were ever given the opportunity, I would be able to deliver it to perfection myself!"

"Very well," replied Einstein, "I'm going to Dartmouth next week. They don't know me there. You can deliver the lecture as Einstein, and I'll take your place as Harry!"

And so it went to be... Harry delivered the lecture to perfection, without a word out of place, while Einstein sat in the back row playing "chauffeur", and enjoying a snooze for a change.

Just as Harry was descending from the podium, however, one of the research assistants intercepted him, and began to ask him a question on the theory of relativity.... one that involved a lot of complex calculations and equations. Harry replied to the assistant "The answer to this question is very simple! In fact, it's so simple, that I'm going to let my chauffeur answer it!"

—Contributed

CROSSWORD PUZZLE

CLUES ACROSS

3. Drinking vessel
7. Motor shed
8. Vicar
9. Frightened
10. Vibration
11. Allow
12. Dive
14. Thrown out
17. Botch
21. Cure
24. Anger
25. Weeping
26. Vault
27. Agreement
28. Appeared
29. Aye

CLUES DOWN

1. Annul
2. Head nurse
3. Interfere
4. Cave
5. Entry
6. Sullen
12. Inn
13. Viscous
15. Employ
16. Arid
18. Disquiet
19. Engineless aircraft
20. Four score
21. Niche
22. Fungus
23. Haberdasher (British)

ANSWERS

1. Concel 2. Matron 3. Medall 4. Groto 5. Access 6. Morose 7. Pulp 8. Assent 9. Groto 10. Tremor 11. Let 12. Plunge 13. Remedy 14. Scare 15. Crying 16. Sullen 17. Bump 18. Sullen 19. Sullen 20. Sullen 21. Sullen 22. Sullen 23. Sullen 24. Sullen 25. Sullen 26. Sullen 27. Sullen 28. Sullen 29. Sullen

FRIDAY EVENING August 24											
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
NBC 3	News	News	Wheel	J'pardy!	America's Talent	Grimm: The Kiss	Dateline NBC	News	Jay		
CBS 4	NEWS	CBS	Wheel	J'pardy!	NFL Preseason Football: Chicago Bears at New York Giants	NEWS	Late Sh.				
ABC 6	News	ABC	Ent	Insider	Shark Tank	20/20	News	Nightline			
PBS 7	News	Busi	PBS NewsHour	Com	Group	Need	Great Performances	World			
NBC 8	News	News	LEX 18	Access	America's Talent	Grimm: The Kiss	Dateline NBC	News	Jay		
WGN-A 9	30 Rock	30 Rock	Funny Videos	Mother	Mother	Mother	News at Nine	Funny Videos			
FOX 11	Judge	Judge	Two	Theory	Bones		News	Two	Theory		
CBS 12	News	CBS	Griffith	Pigskin Prev.	High School Football: Beltry vs. Harrison	News	Overtime				
TBS 13	King	King	Seinfeld	Seinfeld	Payne	Payne	Worse	Worse	★ ½ Our Family Wedding (2010)		
ENC 14	Babe	★ ½ Problem Child (1990)	★ ½ Jumping the Broom (2011)	★ ½ White Chicks (2004)							
FAM 15	Daddy	★ ½ Last Holiday (2006)					★ ½ My Best Friend's Wedding	The 700 Club			
LIFE 16	Ghost Story	Ghost Story	Most Wanted	Most Wanted	Most Wanted	Most Wanted	Most Wanted				
A&E 17	Shipping	Shipping	Shipping	Shipping	Shipping	Shipping	Shipping	Shipping	Shipping	Shipping	Shipping
SHOW 19	Red	★ ½ Godzilla (1998)					★ ½ Real Steel (2011)	Boxing			
DISN 20	Jessie	Good	Phineas	Vampire	ANT	Jessie	Phineas	Gravity	ANT	Good	Jessie
MAX 21	★ ½ Unknown (2011)	★ ½ Tower Heist (2011)					Strike Back	Skin-	Strike		
HBO 22	★ ½ Marmaduke (2010)	★ ½ Puss in Boots (2011)	The Newsroom	Real/Bill Maher	Real/Bill Maher	Real/Bill Maher					
AMC 24	★ ½ The Cable Guy (1996)	★ ½ American Pie (1999)					Town	Town	Town	Town	
USA 25	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Burn Notice			
DSC 26	Bering Sea Gold	Bering Sea Gold	Bering Sea Gold	Bering Sea G.	Yukon Men		Bering Sea G.				
ESPN 27	SportsCenter	NASCAR	NASCAR	Racing	Baseball Tonight	SportsCenter					
TNT 32	The Mentalist	The Mentalist	★ ½ Catch Me If You Can (2002)								
SYFY 33	★ ½ The Fifth Element (1997)	Conf'd	WWE Friday Night SmackDown!				Lost Girl				

SATURDAY EVENING August 25											
	8:00	8:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
NBC 3	News	News	Preview	Cash	America's Talent	WrestleMania 28	Law & Order: SVU	News	SNL		
CBS 4	NEWS	News	Wheel	Football	NFL Preseason Football: Texans at Saints	NEWS	Lose				
ABC 6	ABC	News	NASCAR	NASCAR Racing: Sprint Cup: IRVIN Tools Night Race	News	NUMB3					
PBS 7	Lawrence Welk	Life	Red...	KY Life	J'Ken	★ ½ Gaslight (1944)		Austin City Limits			
NBC 8	News	News	Access Hollywood	America's Talent	WrestleMania 28	Law & Order: SVU	News	SNL			
WGN-A 9	Videos	White	MLB Baseball: Seattle Mariners at Chicago White Sox	News at Nine	Funny Videos						
FOX 11	MLB Baseball	Two	Theory	Cops	Cops	Mobbed	News	Touch			
CBS 12	News	News	Crook & Chase	Zone	High School Football: Pikeville vs. Powell	News	Paid				
TBS 13	Friends	Friends	Seinfeld	Seinfeld	Theory	Theory	★ ½ The Wedding Date	★ ½ Mean Girls (2004)			
ENC 14	Social	★ ½ The Flintstones	★ ½ Godzilla (1998)				★ ½ Species (1995)				
FAM 15	★ ½ The Last Song (2010)	Conf'd	★ ½ The Notebook (2004)				Time Traveler				
LIFE 16	The Craigslist Killer (2011)		Fatal Honeymoon (2012)				An Officer and a Murderer (2012)				
A&E 17	Hoggers	Hoggers	Storage	Storage	Storage	Storage	Barter	Barter	Barter	Barter	
SHOW 19	Eternal Sunshine	★ ½ The Rock (1996)					Kat Williams	Larry Wilmore's			
DISN 20	Austin	Shake It Up!		Jessie	Austin	Phineas	Phineas	Good	Good	Vampire	Vampire
MAX 21	Cow	★ ½ Aliens (1986)					Strike Back	★ ½ Tower Heist (2011)	Strike		
HBO 22	★ ½ Green Lantern (2011)		Very Harold & Kumar 3D	True Blood: Sunset	Very Harold & Kumar 3D						
AMC 24	★ ½ Big Jake (1971)	Conf'd	★ ½ Tombstone (1993)				★ ½ Tombstone				
USA 25	NCIS: Requiem	NCIS	NCIS: Child's Play	NCIS: Recruited	NCIS: Deliance						
DSC 26	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Yukon Men		Moonshiners			
ESPN 27	Football	SportsCenter	High School Football: Byrnes (S.C.) at Oscar Smith (Va.)	Baseball Tonight	SportsCenter						
TNT 32	★ ½ Catch Me If You Can	Conf'd	★ ½ Sherlock Holmes (2009)	(DVS)	★ ½ National Treasure						
SYFY 33	Amity Horror	★ ½ Thirteen Ghosts (2001)		Haunted High (2012)			House of Bones				

SUNDAY EVENING August 26											
	8:00	8:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
NBC 3	News	News	Pigskin Pro-Am	NFL Preseason Football: Panthers at Jets	News	Storms					
CBS 4	NEWS	News	60 Minutes	Big Brother	The Good Wife	The Mentalist	NEWS	Courtesy			
ABC 6	ABC	News	Funny Videos	Once Upon a Time	Extreme Makeover: Weight Loss	News	Seinfeld				
PBS 7	Rough	Victory	Manor	Wine	Time/By	Served?	Masterpiece Mystery!	All	Globe Trekker		
NBC 8	News	News	Pigskin Pro-Am	NFL Preseason Football: Panthers at Jets	News	Edition					
WGN-A 9	Law Order: CI	30 Rock	Mother	Mother	Mother	Mother	News	Replay	The Unit		
FOX 11	NFL Football	Amer.	Cleve	Simpson	Simpson	Fam Guy	Fam Guy	News	Review	Patriot	
CBS 12	News	News	60 Minutes	Big Brother	The Good Wife	The Mentalist	News	3rd Rock			
TBS 13	★ ½ The Wedding Date (2005)		★ ½ Valentine's Day (2010)	(DVS)	★ ½ Valentine's Day (2010)						
ENC 14	★ ½ The Rock (1996)	Conf'd	★ ½ The Other Guys (2010)		★ ½ Hard to Kill (1990)	Maxi					
FAM 15	★ ½ The Notebook (2004)	Conf'd	★ ½ Aladdin (1992)		★ ½ Aladdin (1992)						
LIFE 16	Perfect Husb.	Fatal Honeymoon (2012)		Drop Dead Diva	Army Wives	Fatal Honeymoon					
A&E 17	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	
SHOW 19	Kevin Nealon	Weeds	Epi	Dexter	Homeland	Weeds	Epi	Weeds	Epi		
DISN 20	Austin	Shake It	Jessie	Jessie	Good	Gravity	ANT	Jessie	Phineas	Phineas	Shake It
MAX 21	Harry Potter and the Deathly Hallows	★ ½ The Birdcage (1996)		★ ½ Tower Heist (2011)	Life Top						
HBO 22	The Art of Getting By	Conf'd	Very Harold & Kumar 3D	True Blood	The Newsroom	True Blood					
AMC 24	High Plains Drifter	★ ½ Joe Kidd (1972)		Hell on Wheels	Breaking Bad	Town	Break				
USA 25	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Burn Notice					
DSC 26	One Car Too Far	Survivorman	Survivorman	One Car Too Far	Bering Sea G.	One Car Too Far					
ESPN 27	SportsCenter	Baseball Tonight	MLB Baseball: Atlanta Braves at San Francisco Giants	SportsCenter							
TNT 32	National	★ ½ Sherlock Holmes (2009)	(DVS)	Leverage	★ ½ The Great Escape	Leverage					
SYFY 33	Blade	★ ½ Raiders of the Lost Ark (1981)		Indiana Jones and the Kingdom of the Crystal Skull (2008)							

MONDAY EVENING August 27											
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
NBC 3	News	News	Wheel	J'pardy!	America's Talent	Stars Earn Stripes	Grimm		News	Jay	
CBS 4	NEWS	CBS	Wheel	J'pardy!	Mother	Theory	Broke	Mike	Hawaii Five-0	NEWS	Late Sh.
ABC 6	News	ABC	Ent	Insider	Bachelor Pad		Castle		News	Nightline	
PBS 7	News	Busi	PBS NewsHour	Republican National Convention			World	Ky Life			
NBC 8	News	News	LEX 18	Access	America's Talent	Stars Earn Stripes	Grimm		News	Jay	
WGN-A 9	30 Rock	30 Rock	Funny Videos	Funny Videos	Funny Videos	News at Nine	Funny Videos				
FOX 11	Judge	Judge	Two	Theory	Hotel Hell	Hell's Kitchen	News	Two	Theory		
CBS 12	News	CBS	Issues	King	Mother	Theory	Broke	Mike	Hawaii Five-0	News	Late Sh.
TBS 13	King	King	Seinfeld	Seinfeld	Fam Guy	Fam Guy	Fam Guy	Fam Guy	Conan		
ENC 14	★ ½ Nine Months (1995)		★ ½ The Sorcerer's Apprentice	★ ½ Timecop (1994)	Jackal						
FAM 15	Another Cinderella	Secret-Teen	Secret-Teen	★ ½ A Cinderella Story (2004)	The 700 Club						
LIFE 16	Fraser	Fraser	Fraser	Fraser	Fatal Honeymoon (2012)		Natalie Holloway (2009)				
A&E 17	The First 48	The First 48	The First 48	Intervention: Elena	Intervention		Beyond Scared				
SHOW 19	★ ½ The Game	Conf'd	★ ½ Traffic (2000)				Weeds	Epi	Web	Weeds	
DISN 20	Phineas	Good	Sharpay's Fabulosity	Jessie	ANT	Austin	Shake It	Good	Good	Phineas	
MAX 21	★ ½ Air America (1990)		Big Mommas: Like Father, Like Son	★ ½ The Matrix (1999)			★ ½ The Change-Up (2011)				
HBO 22	Game	24/7	REAL Sports	Real/Bill Maher	Hard Knocks		★ ½ Pretty Woman (1990)				
AMC 24	★ ½ The Bodyguard (1992)	Conf'd	★ ½ Pretty Woman (1990)								
USA 25	NCIS		NCIS: Los Angeles	WWE Monday Night RAW			Couples Retreat				
DSC 26	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper					
ESPN 27	SportsCenter	Baseball Tonight	MLB Baseball: Tampa Bay Rays at Texas Rangers	SportsCenter							
TNT 32	The Mentalist	The Mentalist	Major Crimes	Perception	Major Crimes						
SYFY 33	Indiana Jones and the Crystal Skull		Alphas: Alphaville	Warehouse 13	Alphas: Alphaville	Warehouse 13					

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TUESDAY EVENING										August 28		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
NBC 3	News	News	Wheel	J'pardy!	America's Got Talent				Rep. Convention	News	Jay	
CBS 4	NEWS	CBS	Wheel	J'pardy!	NCIS: Rekindled		NCIS: Los Angeles		The Mentalist	NEWS	Late Sh	
ABC 6	News	ABC	Ent	Insider	Middle	Last	Happy	Apr. 23	Rep. Convention	News	Nightline	
PBS 7	News	Busi	PBS NewsHour		Republican National Convention					World	Ky Life	
NBC 8	News	News	LEX 18	Access	America's Got Talent				Rep. Convention	News	Jay	
WGN-A 9	30 Rock	30 Rock	Funny Videos		MLB Baseball: Milwaukee Brewers at Chicago Cubs				News	Videos		
FOX 11	Judge	Judge	Two	Theory	MasterChef		MasterChef		News	Two	Theory	
CBS 12	News	CBS	Law	King	NCIS: Rekindled		NCIS: Los Angeles		The Mentalist	News	Late Sh	
TBS 13	King	King	Seinfeld	Seinfeld	Theory	Theory	Theory	Theory	Conan			
ENC 14	*** Home Alone (1990)				*** Father of the Bride (1991)			*** ½ Jumping the Broom		Batman		
FAM 15	Pretty Little Liars		Pretty Little Liars		Pretty Little Liars		Hill Nannies		Pretty Little Liars		The 700 Club	
LIFE 16	Dance Moms		Dance Moms		Dance Moms		Dance Moms		Women Went		Women Went	
A&E 17	Storage	Storage	Storage	Storage	Storage	Storage	Shipping	Shipping	Storage	Storage	Storage	Storage
SHOW 19	** The Core (2003) Cont'd				Weeds	Web	*** ½ Blitz (2011)		Epi	Weeds	Saplings	
DISN 20	Phineas	Good	Let It Shine (2012)			Jessie	Austin		Shake It	Good	Good	Phineas
MAX 21	Ruthless		The Whole Nine Yards (2000)		*** ½ Tower Heist (2011)				*** ½ Unknown (2011)			
HBO 22	Happy Feet Two		* ½ The Art of Getting By			Very Harold & Kumar 3D			Hard Knocks		The Newsroom	
AMC 24	CSI: Miami		CSI: Miami		*** Pretty Woman (1990)				*** Pretty Woman (1990)			
USA 25	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		White Collar		Covert Affairs		Royal Pains	
DSC 26	Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs	
ESPN 27	SportsCenter		E:60		World/Poker		World/Poker		SportsCenter		SportsCenter	
TNT 32	The Mentalist		The Mentalist		Bones		Bones		Bones		CSI: NY	
SYVEY 33	Urban	Collection	Face Off		Face Off		Face Off		Collection		Face Off	



David Brayden Collett with new little brother, Kayden Blake.

Birth announced

David Brayden Collett is proud to announce the arrival of his baby brother, Kayden Blake Collett. Blake was born June 14, 2012, at King's Daughters Hospital, Ashland, Ky. He weighed 4 lb., 1.7 oz. and was 18 inches long. Blake arrived early, his scheduled arrival date being July 10. He was delivered caesarean by Dr. Brian Frederick to the happy and thankful parents, Erica Helwig and David Royce Collett, who reside at Sandy Hook, Ky. Maternal grandparents are Don Helwig and Lena and Bill Delong of Sandy Hook. Paternal grandparents are Roy and Eunice Jane Mosley Collett

of West Liberty, Ky. Maternal great-grandparents are Irene Wright Manning Ferguson and the late Willis Ferguson. Also Berlin Manning great-grandfather, deceased. Maternal great-grandparents are Bailey and Fannie (Awkie) Moore Mosley, deceased. Paternal great-grandparents are Reva Bailey Collett Crase Sheperd and Bill Sheperd of West Liberty; also great-grandfather, Willie Collett, deceased. Blake, you are loved so very much—your bubby Brayden gives you lots of kisses every day. May God bless you with a happy godly life. We all love you so much.

Heading back to school with diabetes

Diabetes is one of the most common chronic diseases in children. For students with diabetes and their parents, getting ready for a new school year includes a lot more than buying new clothes, backpacks, notebooks, and pens. It means buying a whole list of diabetes supplies to keep at school—but also preparing school staff to help keep their children safe at school and at school-sponsored activities.

"Nobody knows your child's day-to-day needs and how to respond to a diabetes emergency better than you," said Griffin P. Rodgers, M.D., Director of the National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health (NIH). "That's why it is so important to start the school year as part of the school health team, and to keep open

the lines of communication throughout the school year."

Both parents and school personnel can get the guidance they need from an invaluable manual, *Helping the Student with Diabetes Succeed: A Guide for School Personnel*. This guide was produced by the U.S. Department of Health and Human Services' National Diabetes Education Program (NDEP) and is an essential resource for parents, schools, and health care professionals.

As the school year begins, parents of youth with diabetes are encouraged to follow these tips from the NDEP School Guide to help ensure their children's safety and well-being.

Take action. Notify the school right away that your child has diabetes. Allow the sharing of medical information to keep your child safe and provide up-to-date emergency contact numbers to the school.

Work with your child's health care team to develop a "Diabetes Medical Management Plan." This plan contains



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PR4962.....	2012 Ford Escape.....	XLT, 4x4, Moonroof, Silver, 33k Miles.....	\$23,499
P4972A	2011 Ford Mustang.....	Prem. Pak, Red, Black Leather, All Options, 40k Miles	\$18,999
P4989	2007 Chrysler Sebring.....	Silver, 82k Miles	\$8,995
PR4991.....	2011 Ford F150 XLT	4x4, Super Crew, Black, 5.0 V8, 19k Miles	\$28,499

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the medical orders for your child. It should be signed by the health care team and submitted to the school nurse at the start of each school year. An updated plan is needed if there are changes in your child's diabetes care plan during the year. A sample plan is included in the NDEP School Guide.

Meet with the school nurse to go over your child's school health care plans. The school nurse will use the medical orders to prepare your child's routine and emergency diabetes care plans at school. You can find samples of these plans in the School Guide.

Provide the school with all supplies, medicines, and items needed to carry out your child's health care and emergency

plans. This includes blood glucose testing items, supplies for taking insulin and urine and blood ketone testing, snacks, quick-acting glucose products, and a glucagon kit.

Be an active member of the school health team. The School Guide includes action plans for all school personnel, and for you and your child to work together to manage diabetes care at school. Go over these checklists

with your child so both of you can work as a team with school staff throughout the school year.

To order a free copy of NDEP's HYPERLINK "http://www.ndep.nih.gov/publications/PublicationDetail.aspx?PubId=97" Helping the Student with Diabetes Succeed: A Guide for School Personnel, call 1-888-693-NDEP (1-888-693-6337), TTY: 1-866-569-1162 or visit www.YourDiabetesInfo.org. You can download a copy of the guide and find more information about children with diabetes at this website.

tesInfo.org. You can download a copy of the guide and find more information about children with diabetes at this website.

The U.S. Department of Health and Human Services' National Diabetes Education Program is jointly sponsored by the National Institutes of Health (NIH) and the Centers for Disease Control and Prevention (CDC) with the support of more than 200 partner organizations.

Administrators:
Morgan County
Fiscal Court
&
Morgan County
Agricultural
Development Board

Post Mark Deadline Monday, Aug. 27

C.A.I.P. Grants for Farmers Applications Available Aug. 6th

In order to be eligible for these grants, farmers must submit
*a valid Farm Serial Number, &
*copy of 2011 Schedule F form filed with last year's taxes
Applications can be found at:

Extension Service, County Judge's office & farm stores

They must be postmarked returned by August 27th – no hand delivered copies will be accepted.

Categories to be offered include:

**Agricultural Diversification, Cattle Genetics Improvement
Cattle Handling, Commercial Poultry, Dairy, & Swine, Fencing Improvement, Farm Structure & Commodity Handling
Farmland Improvement & Utilization, Goat & Sheep Diversification, On-farm Energy Efficiency & Production, On-farm Water Enhancement, Technology & Leadership Development**

*One change from last year's program is that lime costs will be eligible, but fertilizer will not.

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